





There's always something to look forward to in Tampines!

We don't just anticipate your needs—we listen to what matters to you.

Over the next five years, we will work with you to make our town even MORE connected and green—a place that inspires while fostering a caring community. This will keep Tampines vibrant, warm, and welcoming.

Let's reimagine Tampines together and ensure it remains a town we are proud to call home.





OUR LIVEABLE & INCLUSIVE HOME

Great Community Spaces For Everyone

We are proud to have built Tampines into a town with inclusive community spaces and amenities that cater to all residents — families, seniors, and persons with disabilities.

We will create more public spaces where you can spend quality time with your loved ones. These new spaces will enhance the unique identity of our neighbourhoods and strengthen our sense of belonging.

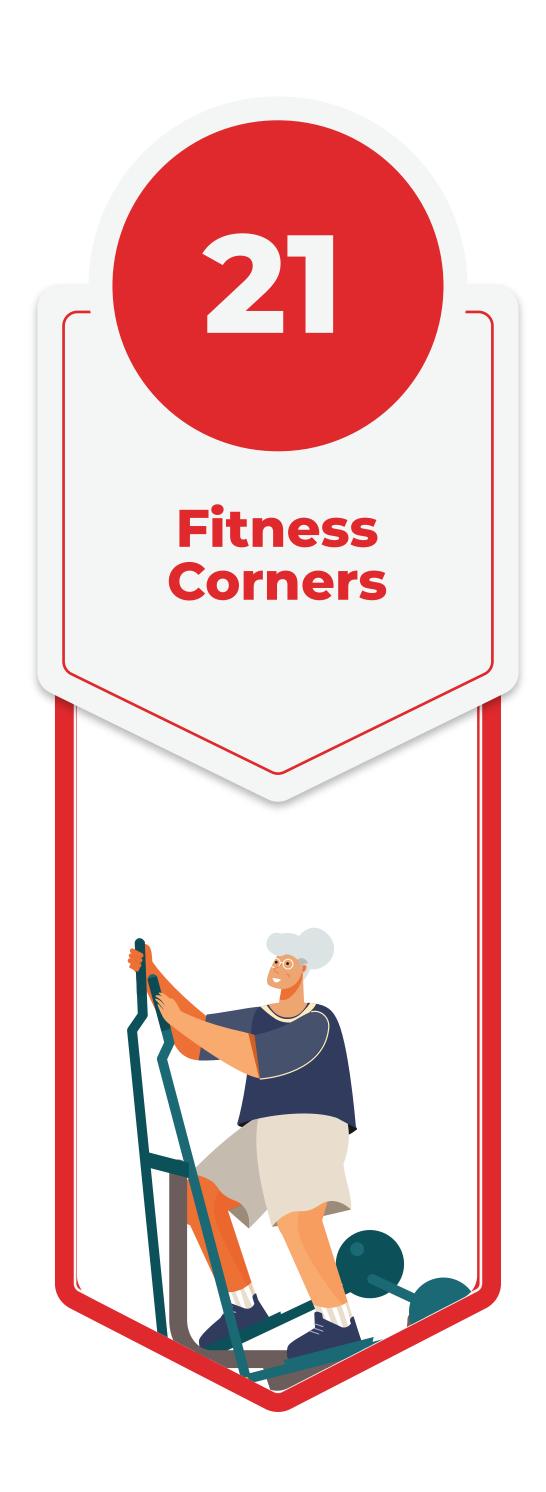




















Playgrounds For Parent-Child Bonding

"The playground has evolved to become more child-friendly and supportive of kids' development. It's important to have spaces where the children can explore, socialise, and grow together. I'm glad our playgrounds are safe and age-appropriate, and it's meaningful to see communities working together to ensure this."

Nasyitah

Parent of active preschool children

Fitness Corners Getting Fit Together

"This fitness corner next to my block has become part of my daily fitness routine, and what makes it truly special is the company of my workout 'kaki'. Together, we've been setting goals, encouraging one another, and celebrating every milestone we achieve."

Mr Lim

Fitness enthusiast



Residents' Corners
Where Neighbours Become Friends

"Every time I step into the Residents' Corner, I am greeted by friendly faces and familiar voices. It's a place for catching up with neighbours, who have become close friends over time."





Our Tampines Hub Where Families Feel At Home

OUR TAMPINES HUB



"Our Tampines Hub is a convenient, one-stop place for our family to spend time together, whether it's picking up groceries, having fun at the swimming pool, or learning in the library. It's really beneficial to have a community hub that has everything we need under one roof!"

Jasmine and family

Family who frequents Our Tampines Hub

Community Spaces For All

Tampines Community Spine A Place For Quality Family Time







"We're a family that loves doing things together, but with our busy schedules, it's not always easy. Multi-generational spaces like this are perfect - we can enjoy our activities while spending quality time as a family. It's the best of both worlds!"

The Ang family

A multi-generational family that sticks together

Connect @ N2 Our Vibrant Space





De-stress with a basketball game with friends, or share the joy of imaginative play with your little ones at the flower-themed playground.

Upgraded Community Clubs Always Here For You



Tampines North Community Club



Basketball Court



Dance Studio



Multi-Purpose Hall



Event Space



Tampines Changkat Community Club

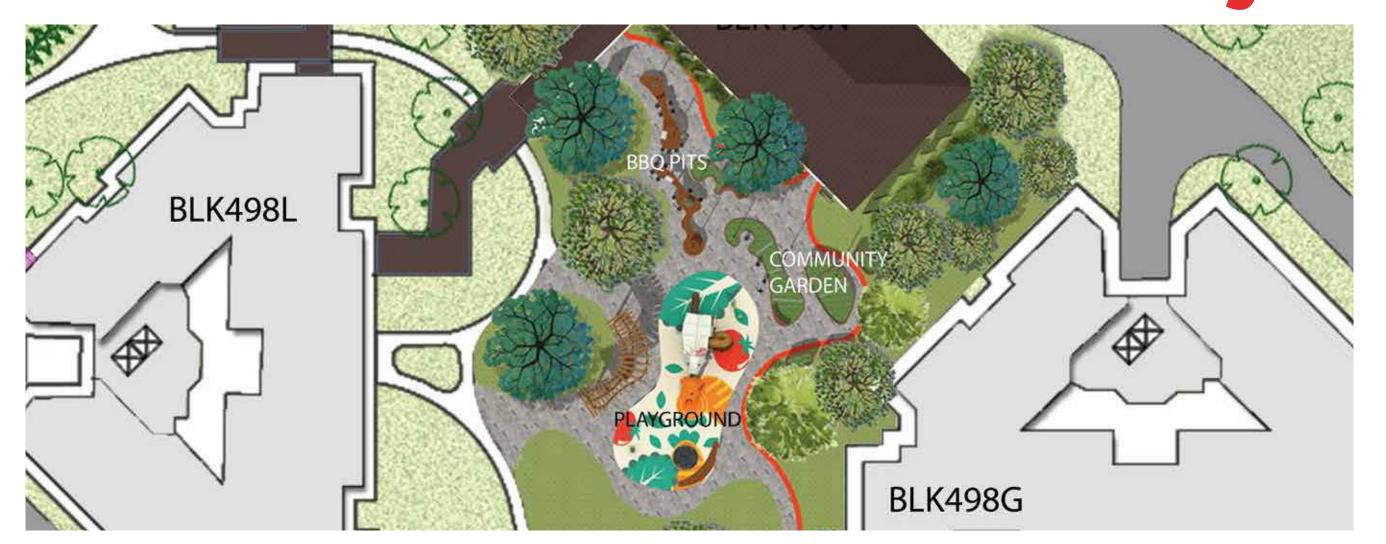


Town Improvements With Your Needs In Mind

Neighbourhood Renewal Programme

Tampines Blks 497A - L & 498A - N

New amenities for more family time









Scan the QR code to view the full version of the Tampines North Zone 7 NRP

-FUNDED



*All pictures are artist's impressions and are subject to change

Neighbourhood Renewal Programme



Tampines Blks 497A - L & 498A - N

New place to bond and stay active

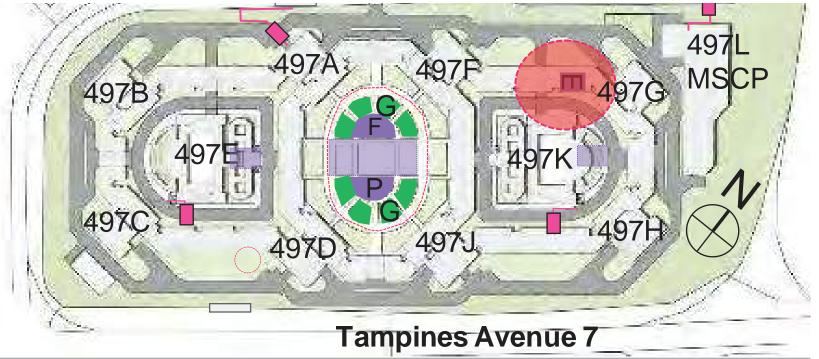


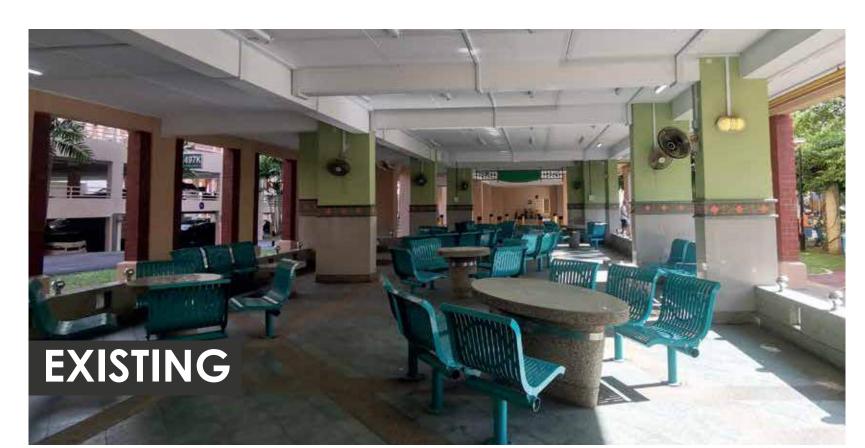






Easier for seniors to enjoy activities

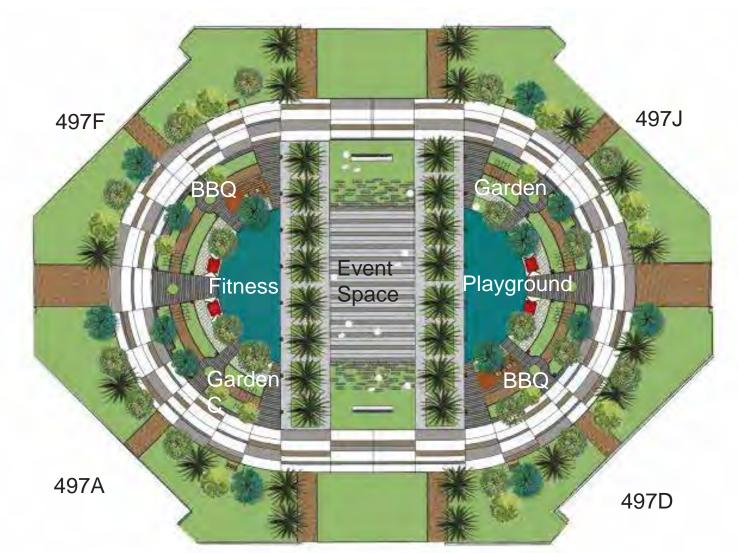




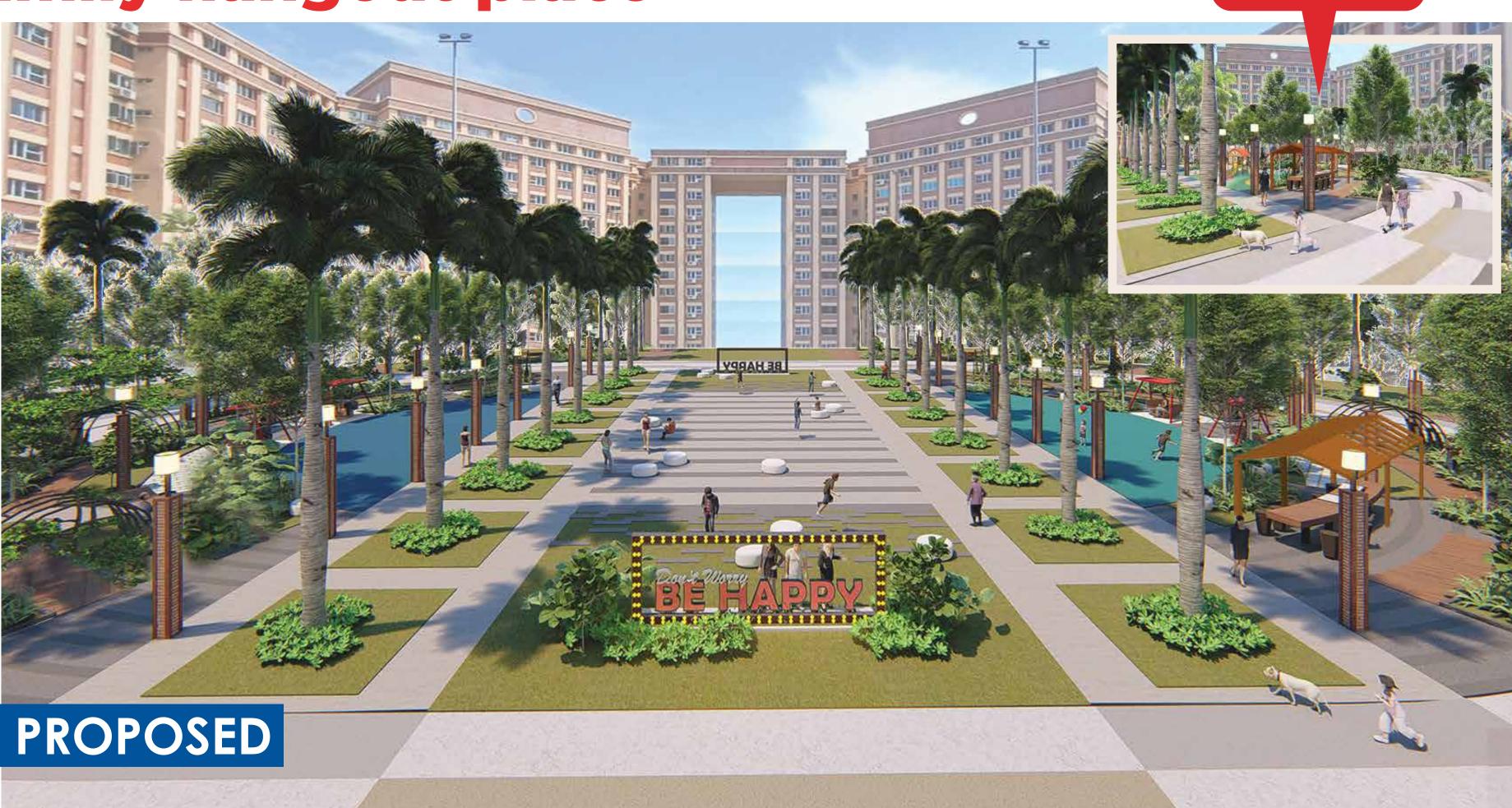


BBQ area

The new favourite family hangout place





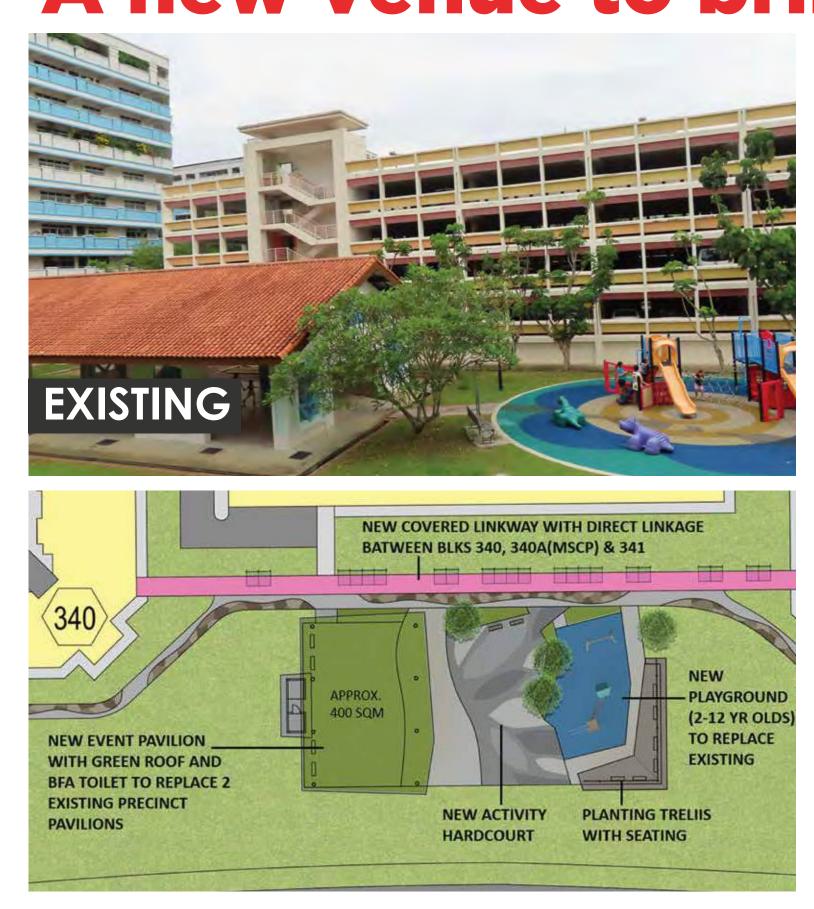


Neighbourhood Renewal Programme



Tampines Blks 338 - 351

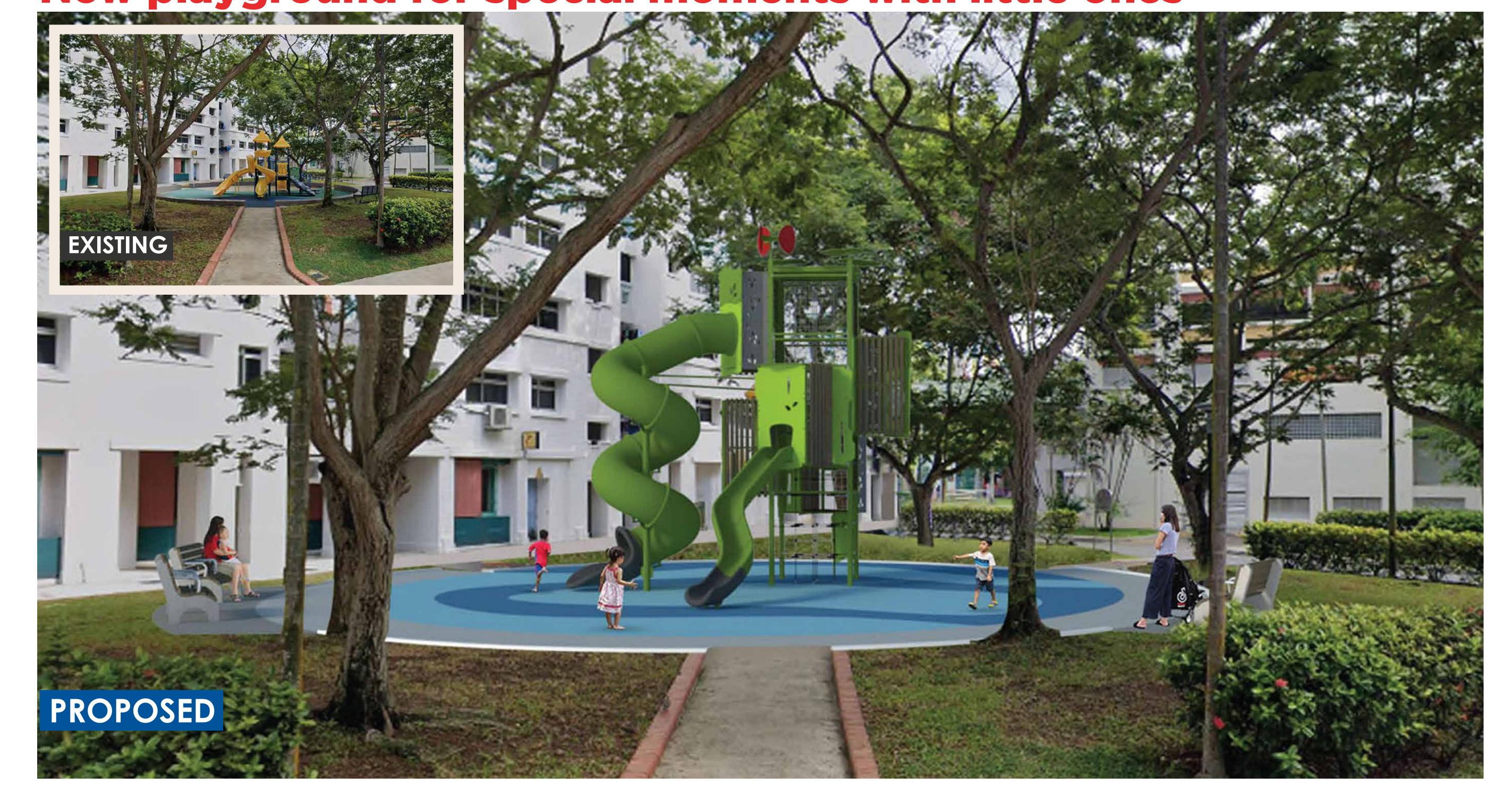
A new venue to bring everyone together







New playground for special moments with little ones

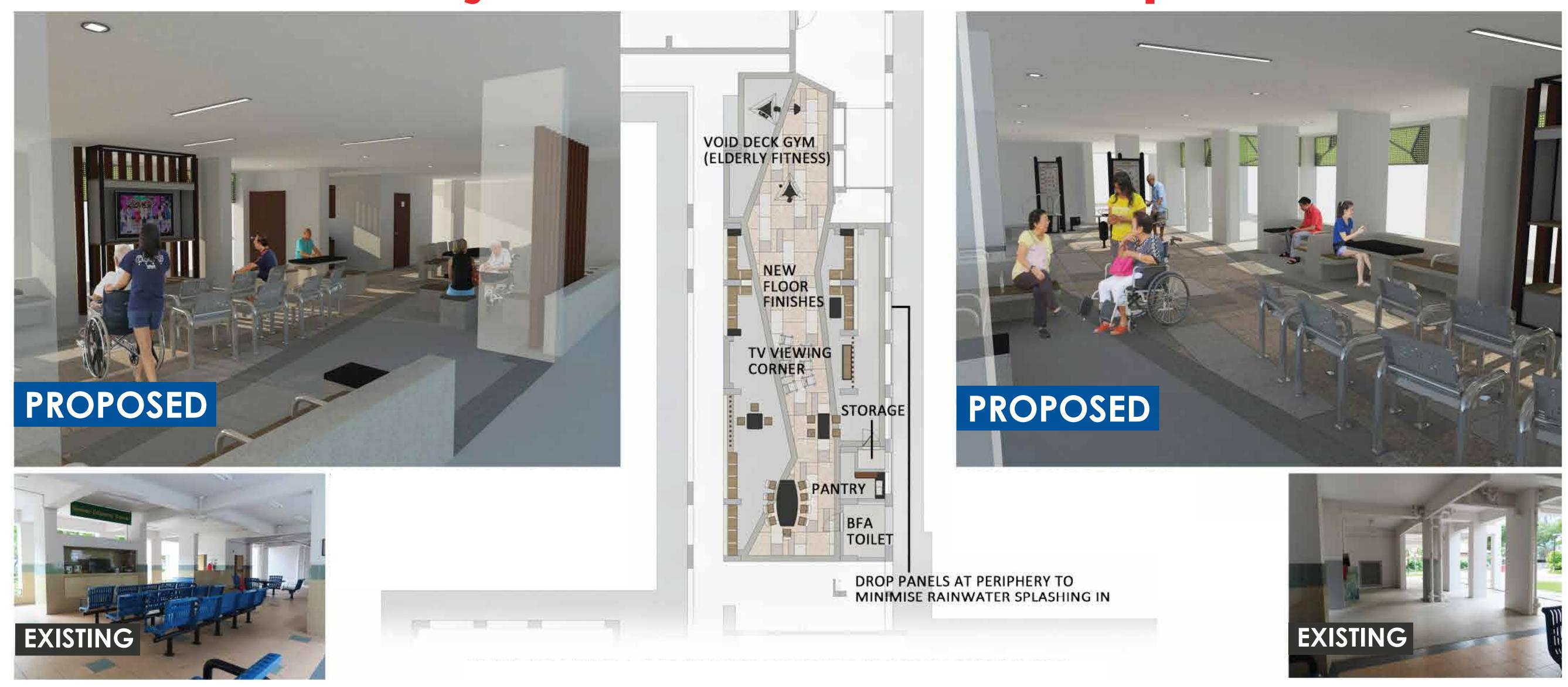


Neighbourhood Renewal Programme

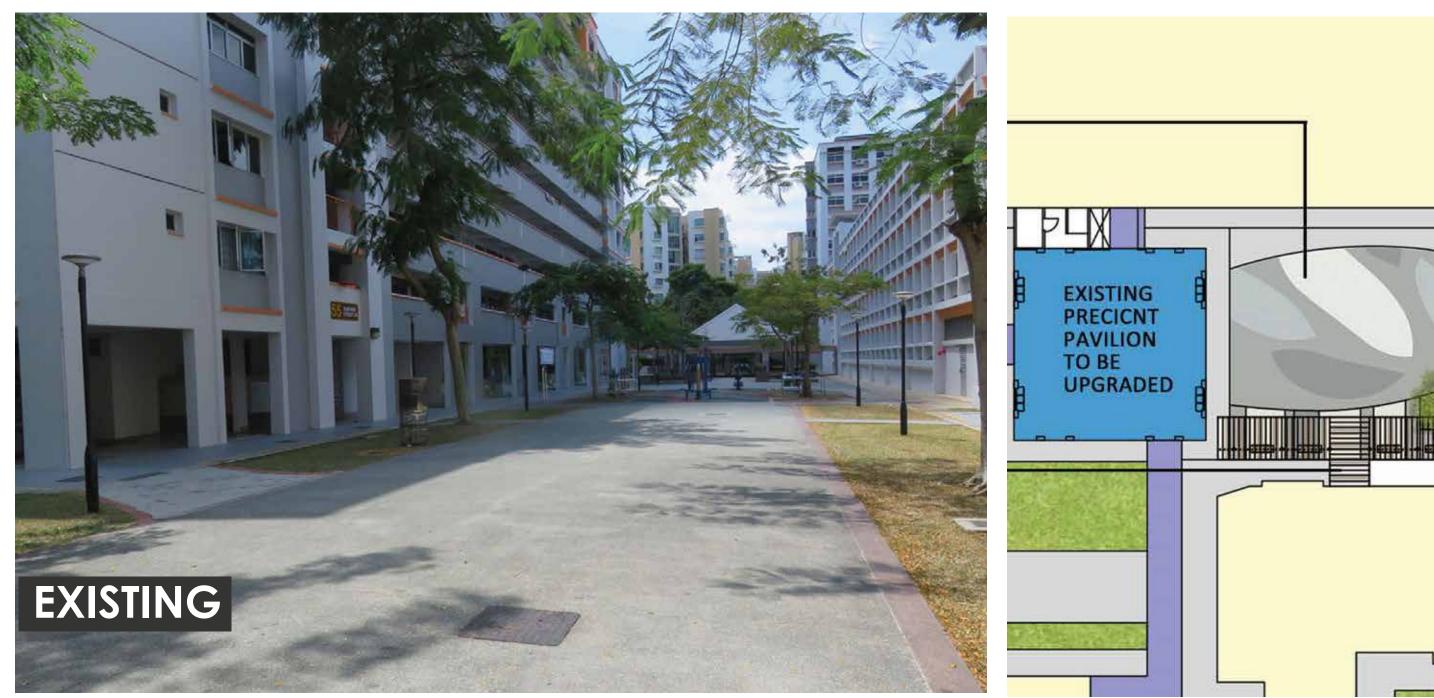


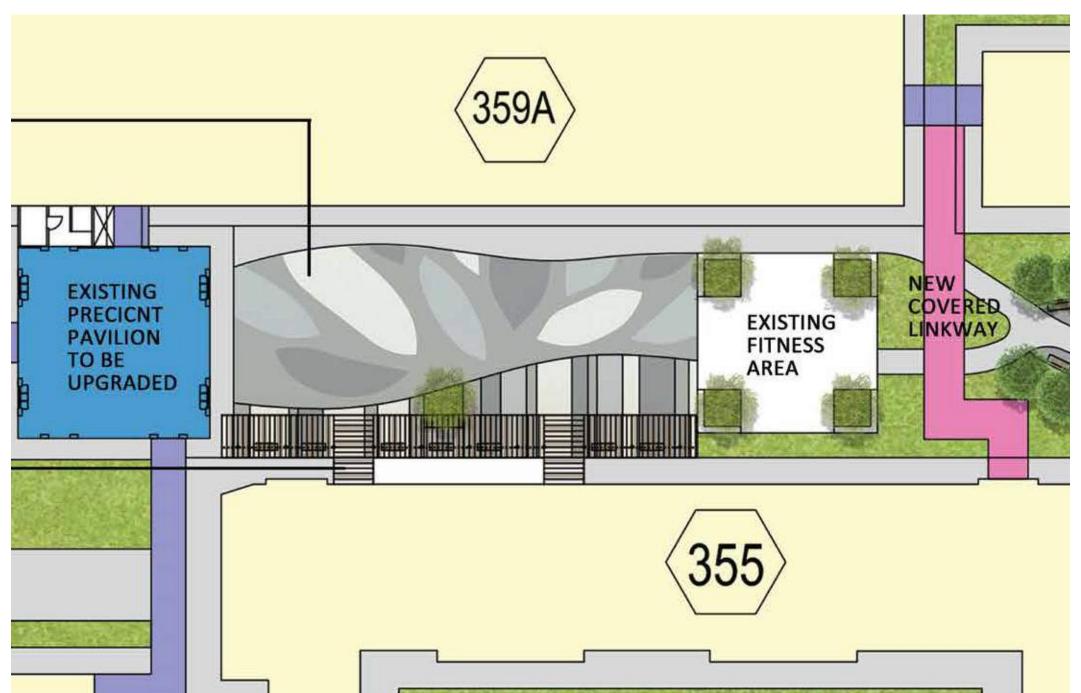
Tampines Blks 352 - 370

Our seniors can stay active and socialise in one place



More trees and benches make every walk more enjoyable





Scan the QR code to view the full version of the Tampines Changkat Zones 1 & 8 NRP





FUTURE PROJECTS (2025 - 2030)

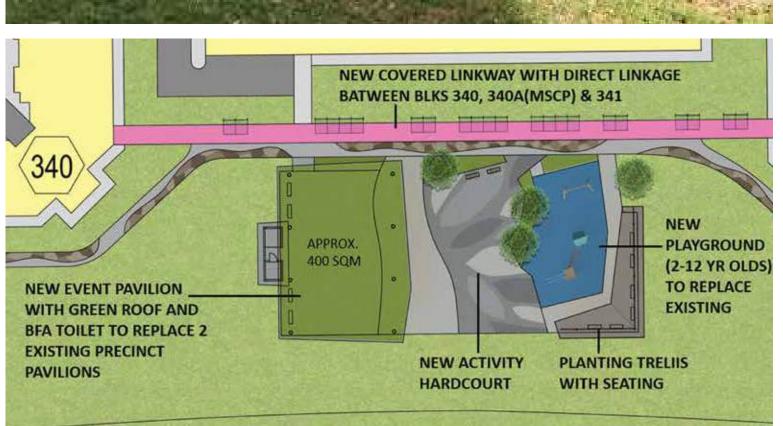
Neighbourhood Renewal Programme



Tampines Blks 371 - 396

A garden with benches for resting after errands







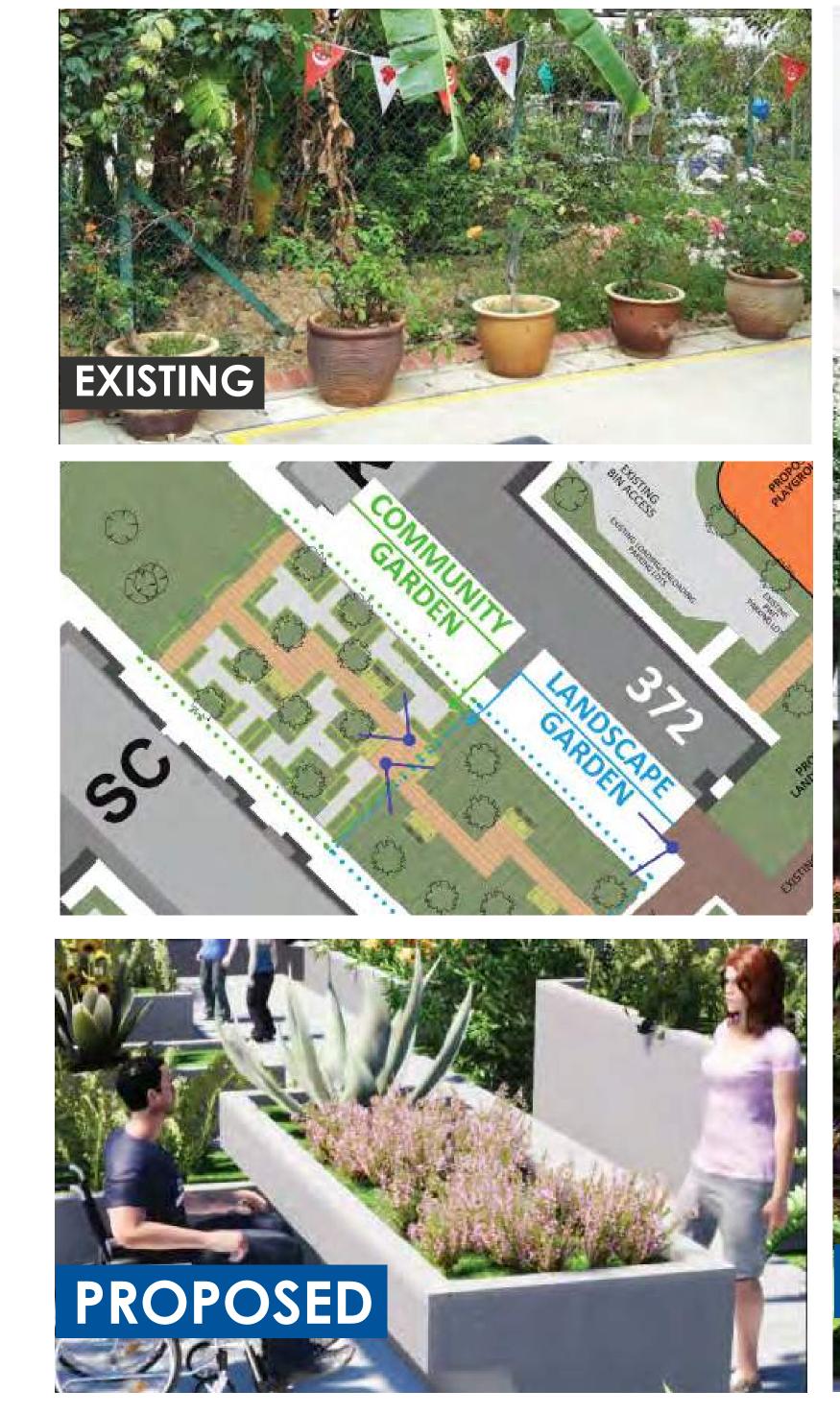
Scan the QR code to view the full version of the Tampines Changkat Zone 7 NRP



More space for bigger gatherings



New gardens for families to enjoy





Giving An Iconic Place A Fresh Look



Tampines Round Market Upgrading

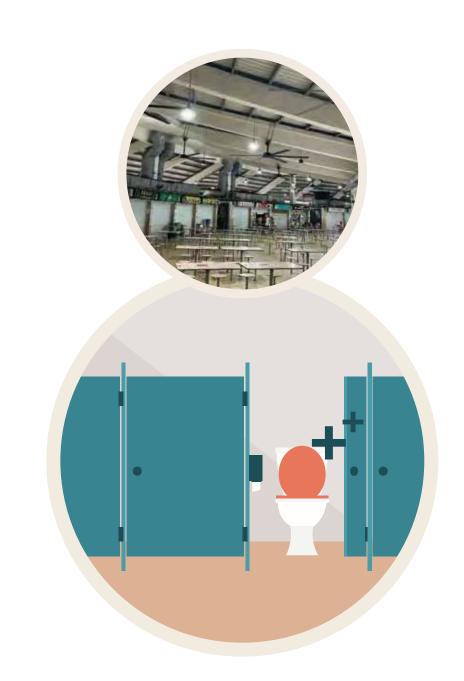
New And Improved Tray Return Points

Upgraded
Ceiling Fans

Upgraded
Toilets With
More Cubicles

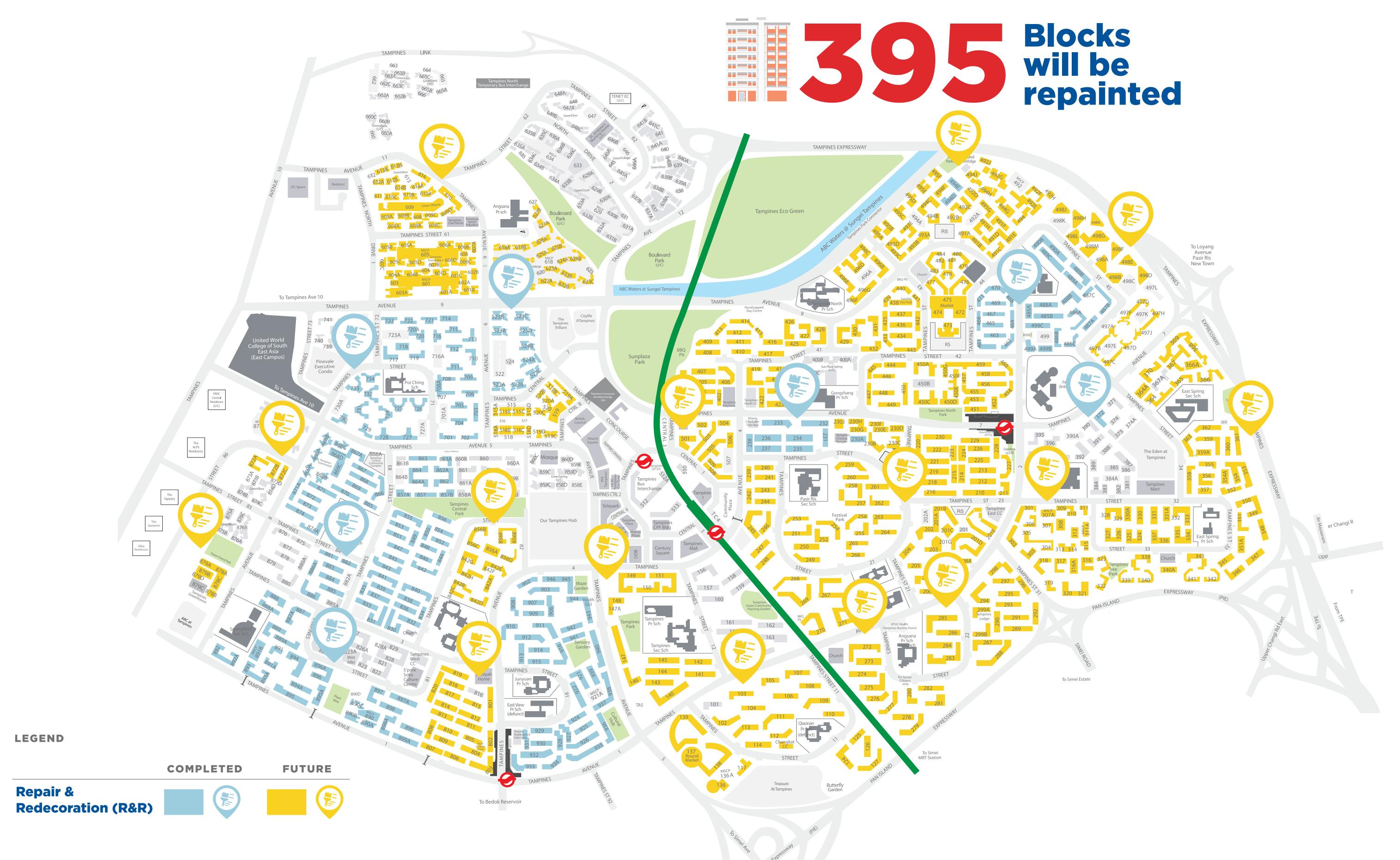


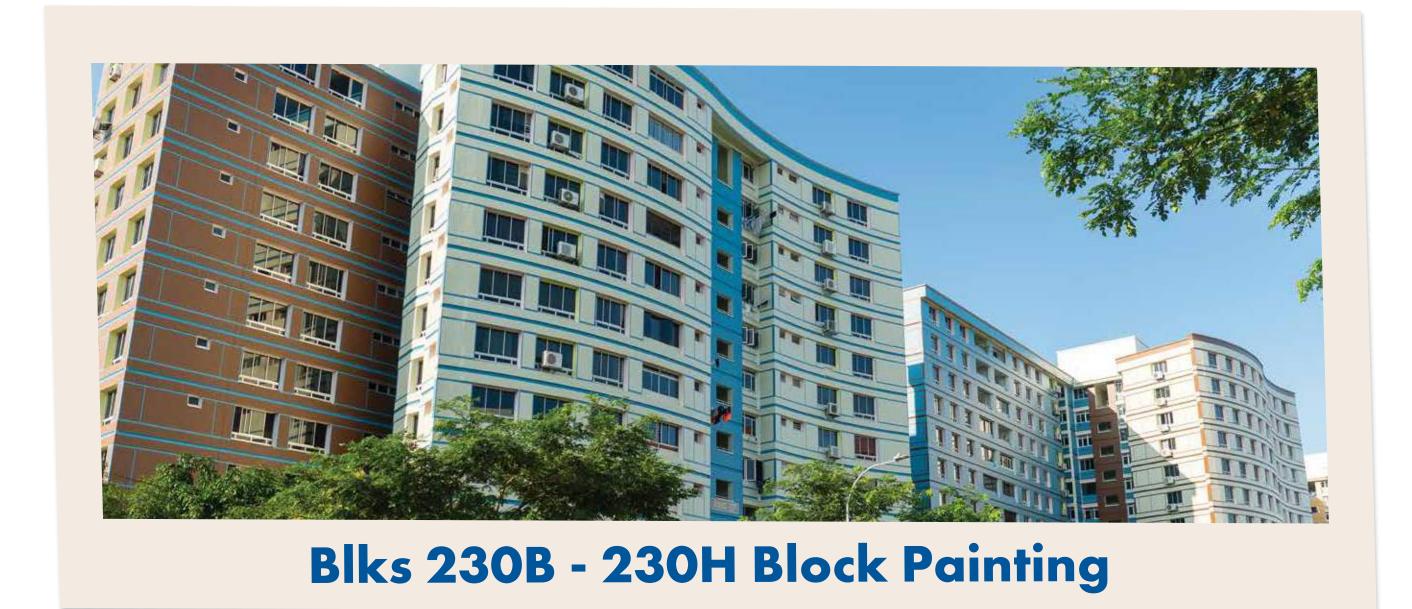




*The Tampines team will support these projects and work with the relevant agencies.

Repainting Your Blocks For A Fresh Look



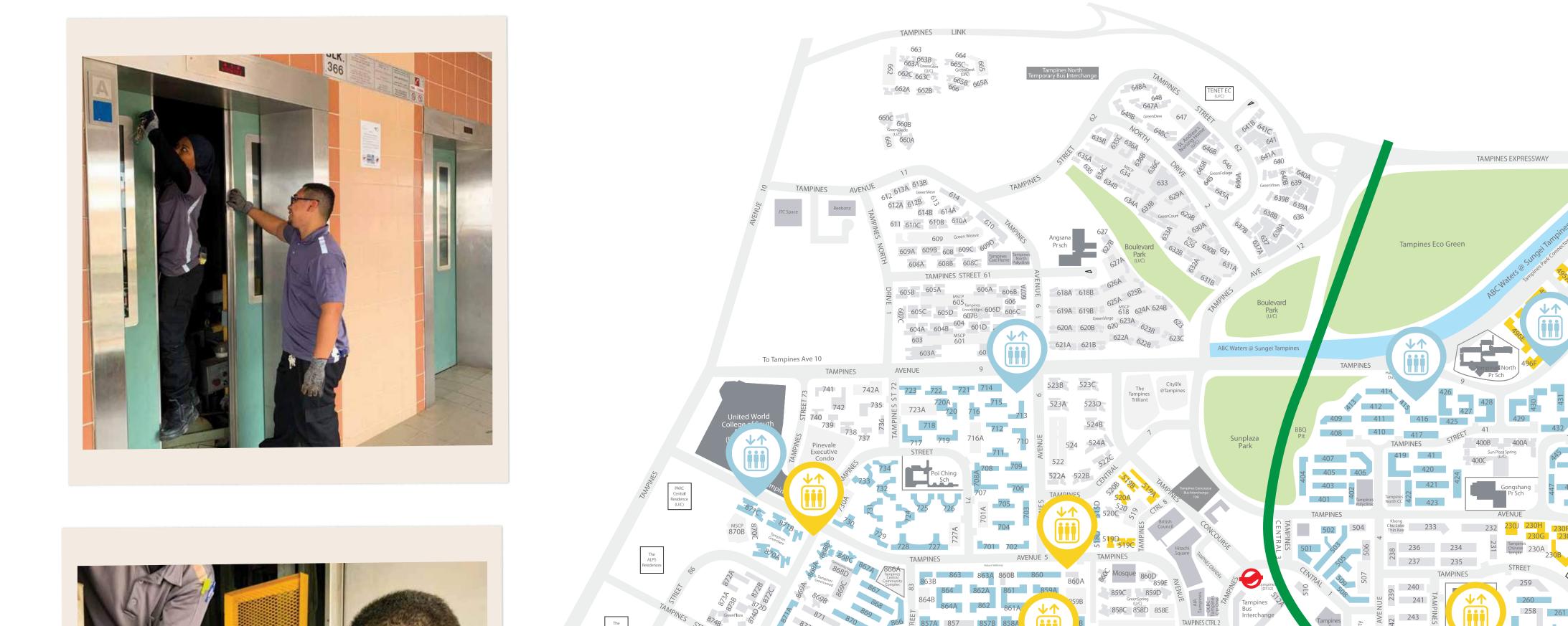




Lifting You Safely

Enhanced lifts will have additional safety features such as:

- Overspeed protection
- Unintended movement protection
- Safety interlocking keeps lift in place when doors are open









Better Homes For You

Essential improvements, such as repair of spalling concrete, are fully paid for by the government. Optional and EASE Improvements are subsidised up to 95 per cent by the government.

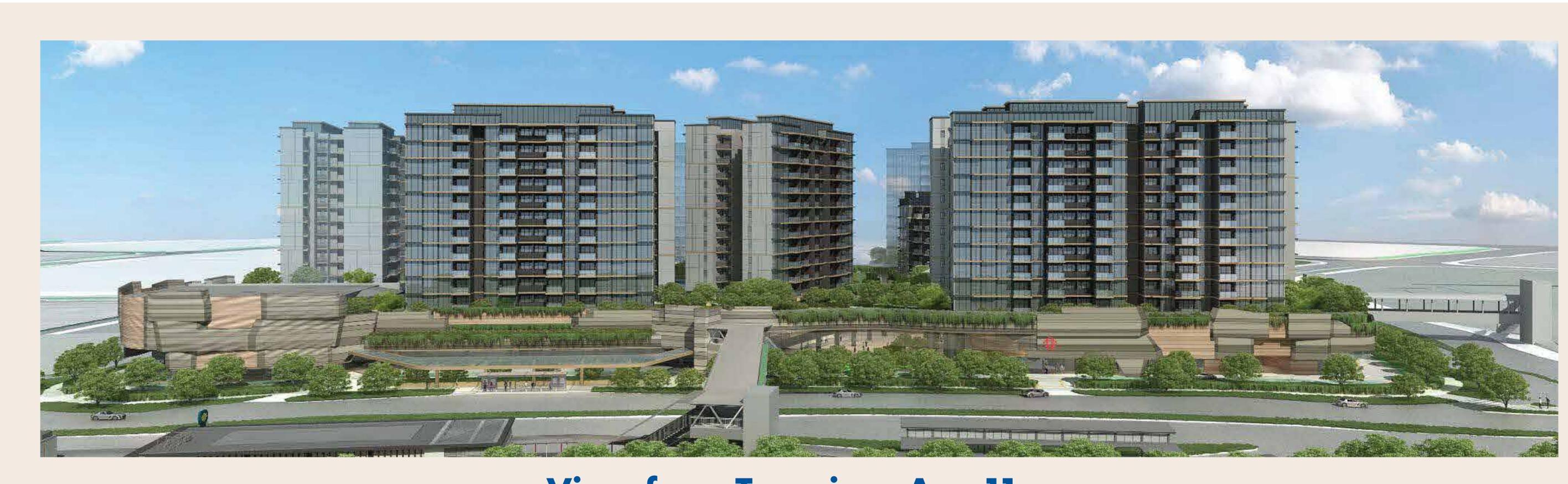






Integrated Hub For Live, Work And Play

By 2030, Tampines North (Ave 11) will have an integrated hub that will offer a holistic environment where residents can live, work, learn and play. Look forward to a new mixed-use commercial and residential development, seamlessly integrated with a community club, hawker centre, bus interchange, MRT station and communal facilities.











Entrance view from pick-up-drop-off

Overview Plan

Tampines Street 62



Tampines North MRT



View of MRT entrance from Tampines North Drive 2



View of Tampines North MRT platform

1 New Community Club



View of Community Club



Dance Studio



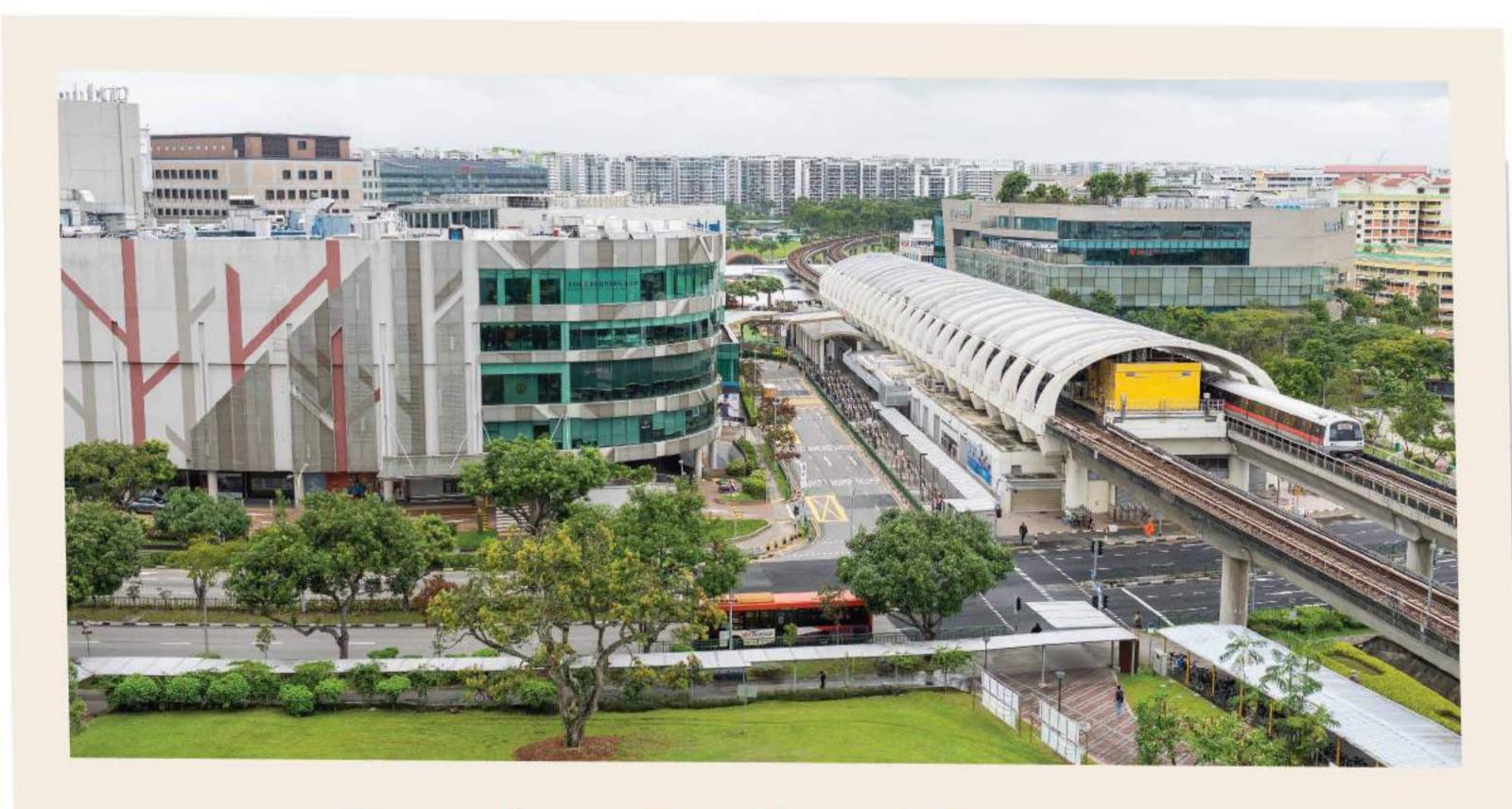
COMMUNITY CLUB FACILITIES



The development is under construction. All pictures are artist's impressions and are subject to change

SHAPING OUR SHARED VISION

A More Vibrant and Connected Tampines Regional Centre



Tampines Regional Centre

An Even Better Tampines Regional Centre

We will revitalise the Tampines Regional Centre (TRC) with improvements like new amenities and better connectivity.

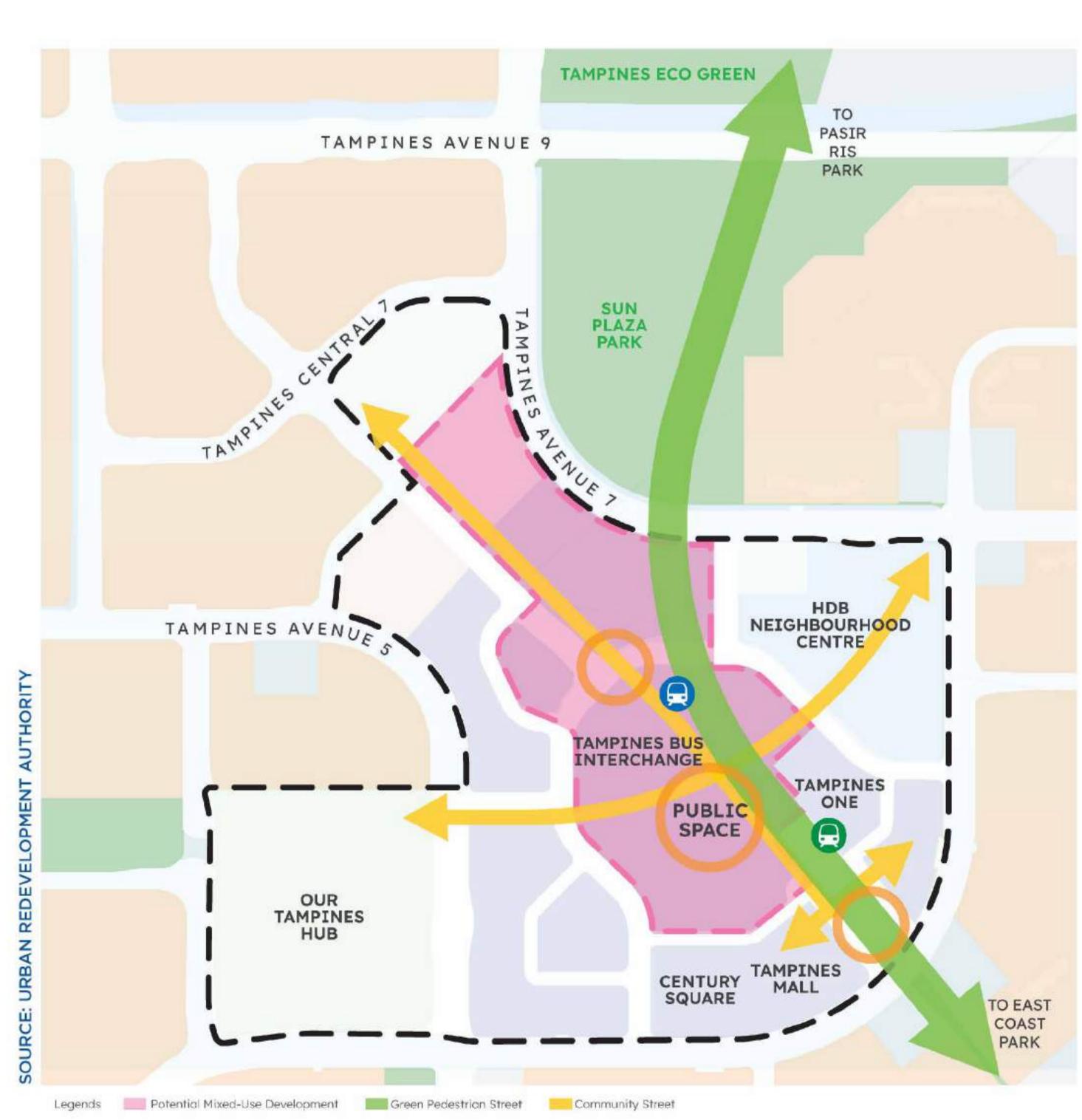
These enhancements will create a vibrant, convenient and sustainable hub for residents and businesses.

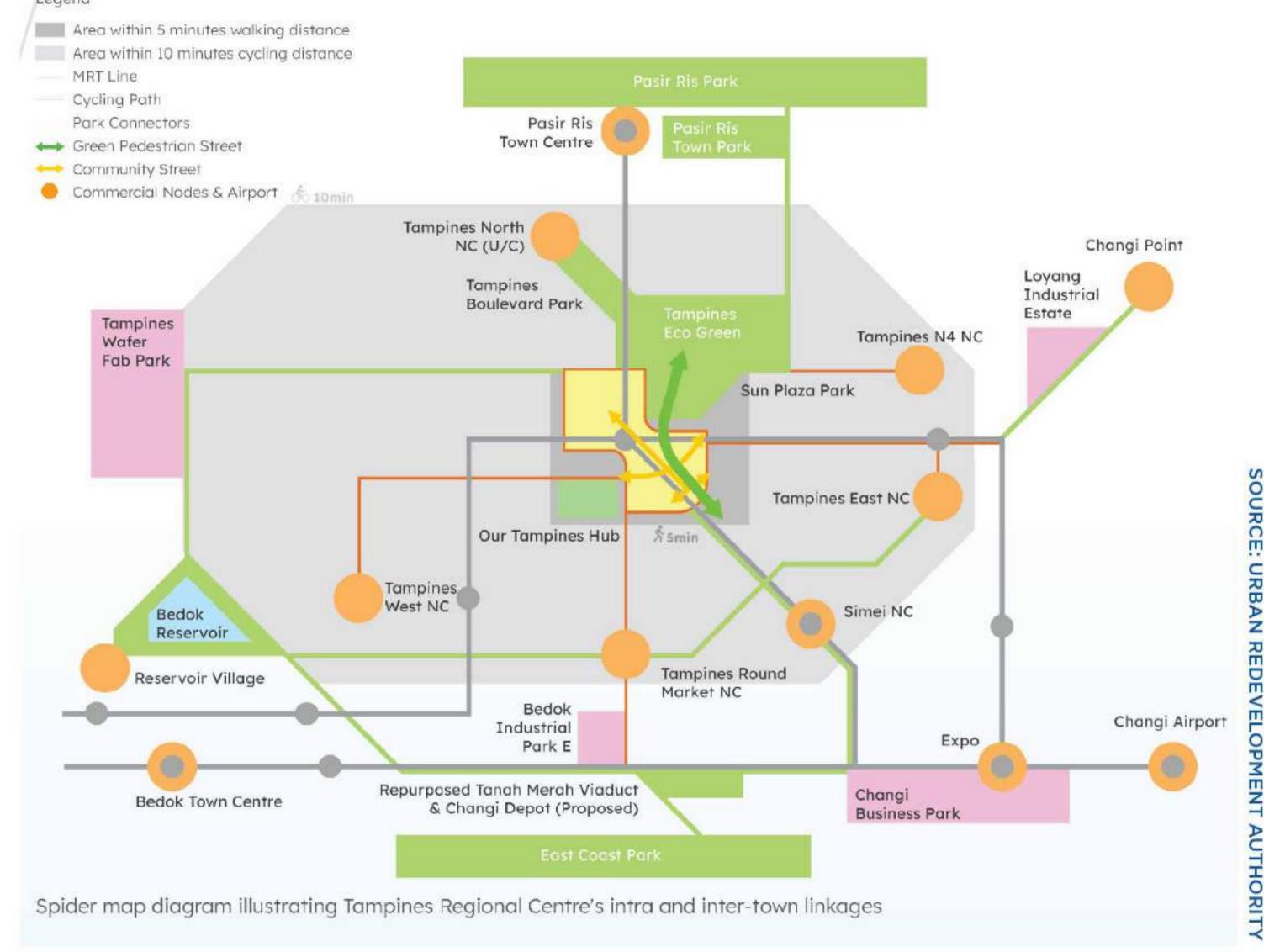
Well Connected To the Wider East Region and The Rest Of Singapore

With two MRT lines (East-West and Downtown Lines), a bus interchange and an extensive cycling network, Tampines is Singapore's most well-connected regional centre*.

*Source: The Straits Times, 2 May 2024.

DID YOU KNOW?	<u>Tampines Regional Centre</u>		
More than 1/2 of commuters traveling to Tampines Regional Centre come from Tampines, Bedok and Pasir Ris. *Estimated ligures Source, LTA's Travel Data	Tampines	32%	
	Bedok	12%	
	Pasir Ris	10%	





To support work-life trends and make the Tampines Regional Centre even more vibrant, there are plans to build more housing, work places and community facilities in the TRC, as guided by the following strategies:

- Improve infrastructure to promote active mobility and walkability
- Create more versatile spaces that can adapt to different uses and future needs
- Improve connectivity to adjacent areas such as Our Tampines Hub, Sun Plaza Park and other parts of Tampines

New mixed-use developments with homes, shops and an Integrated Transport Hub

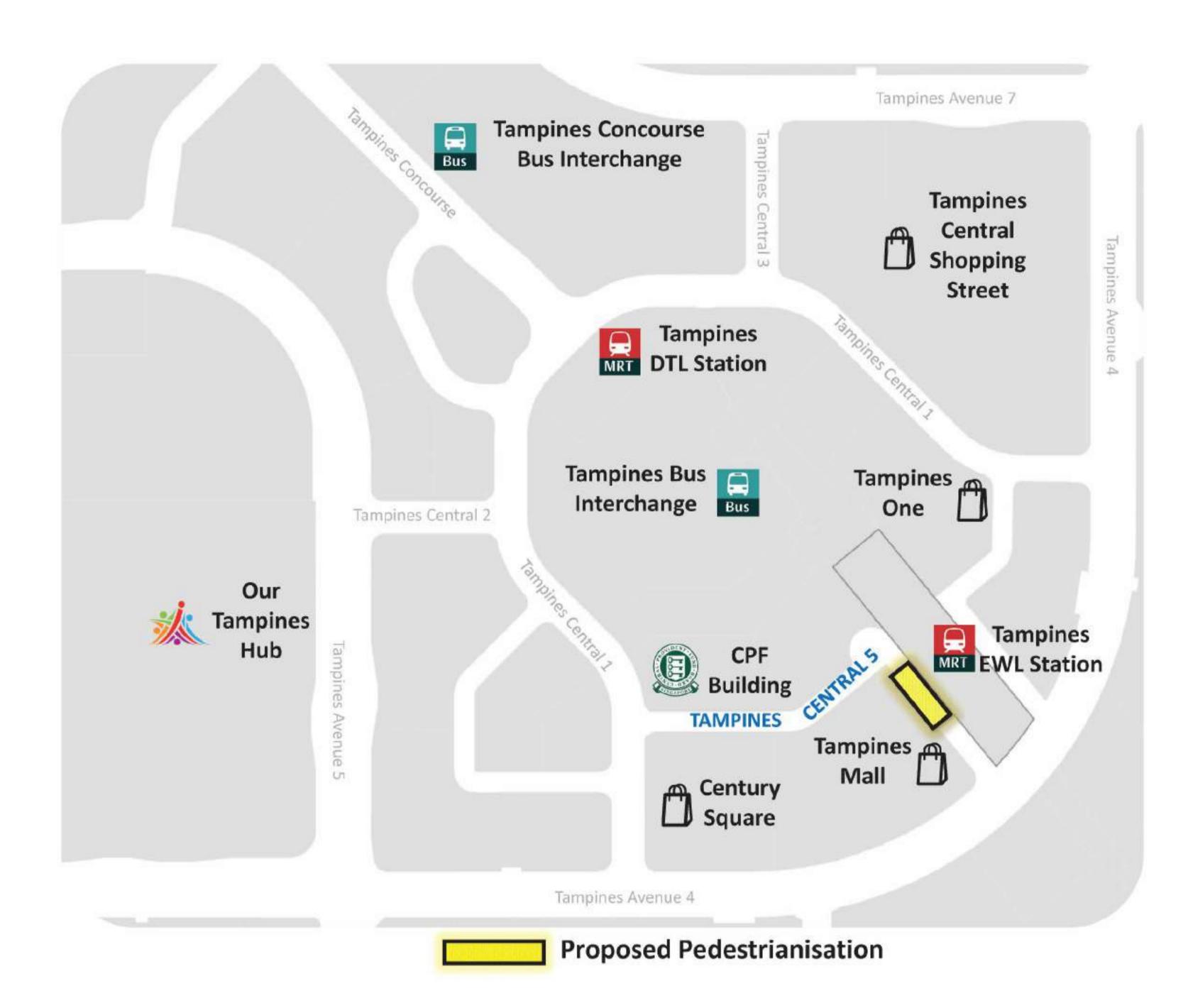
Easier bus-train transfers at key transport spots and a new public space at the heart of TRC

A smooth pedestrian street with better-sheltered walkways above and underground, with possible road network changes

SHAPING OUR SHARED VISION

Improving Your Walk, Cycle And Ride Experience

Pedestrianised Street At Tampines Central 5



YOUR SAY MATTERS 欢迎您的意见和建议 Pendapat anda penting உங்கள் கருத்து முக்கியமானது

Scan QR code to give us your views.



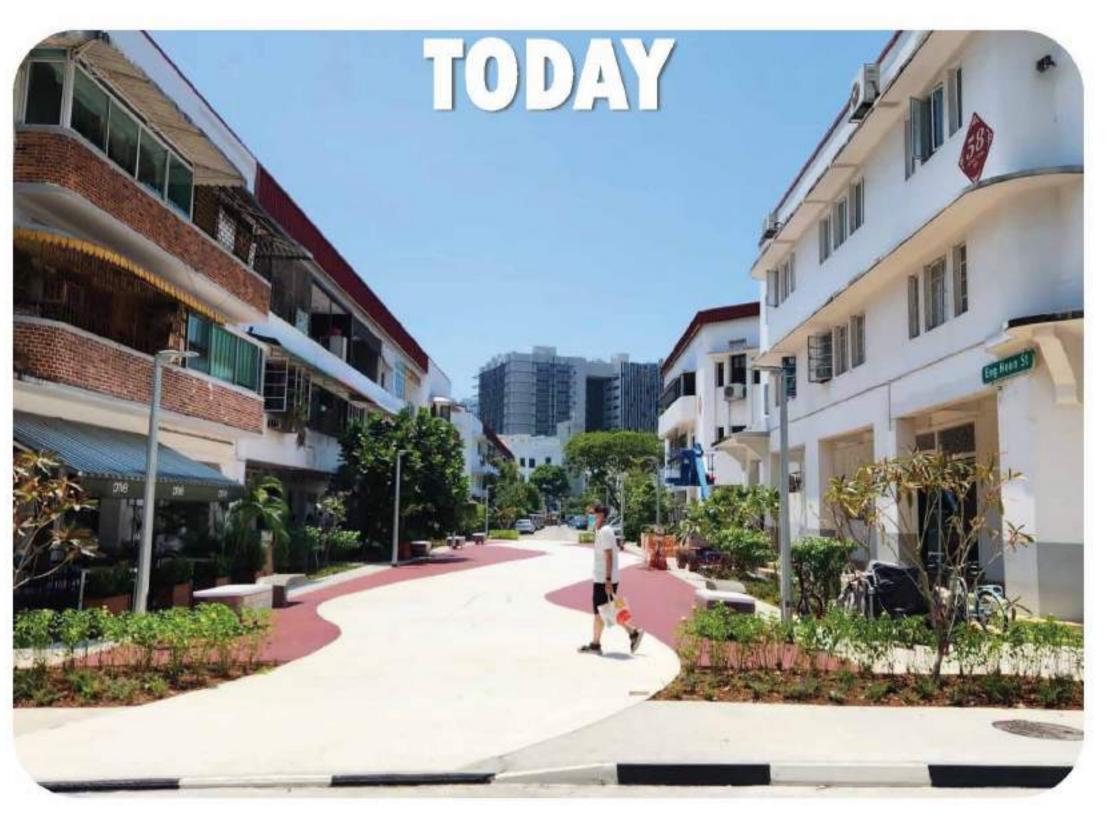
LTA is identifying suitable road spaces to pedestrianise the streets to make the walking experience within your neighbourhood and the town centre safer and more pleasant.

An idea being explored is to transform part of Tampines Central 5 into a pedestrianised street between the Tampines East-West Line MRT Station and the malls in Tampines Town Centre.

Share your ideas and contribute to co-creating the space together.

Example Of Other Completed Pedestrianisation Project





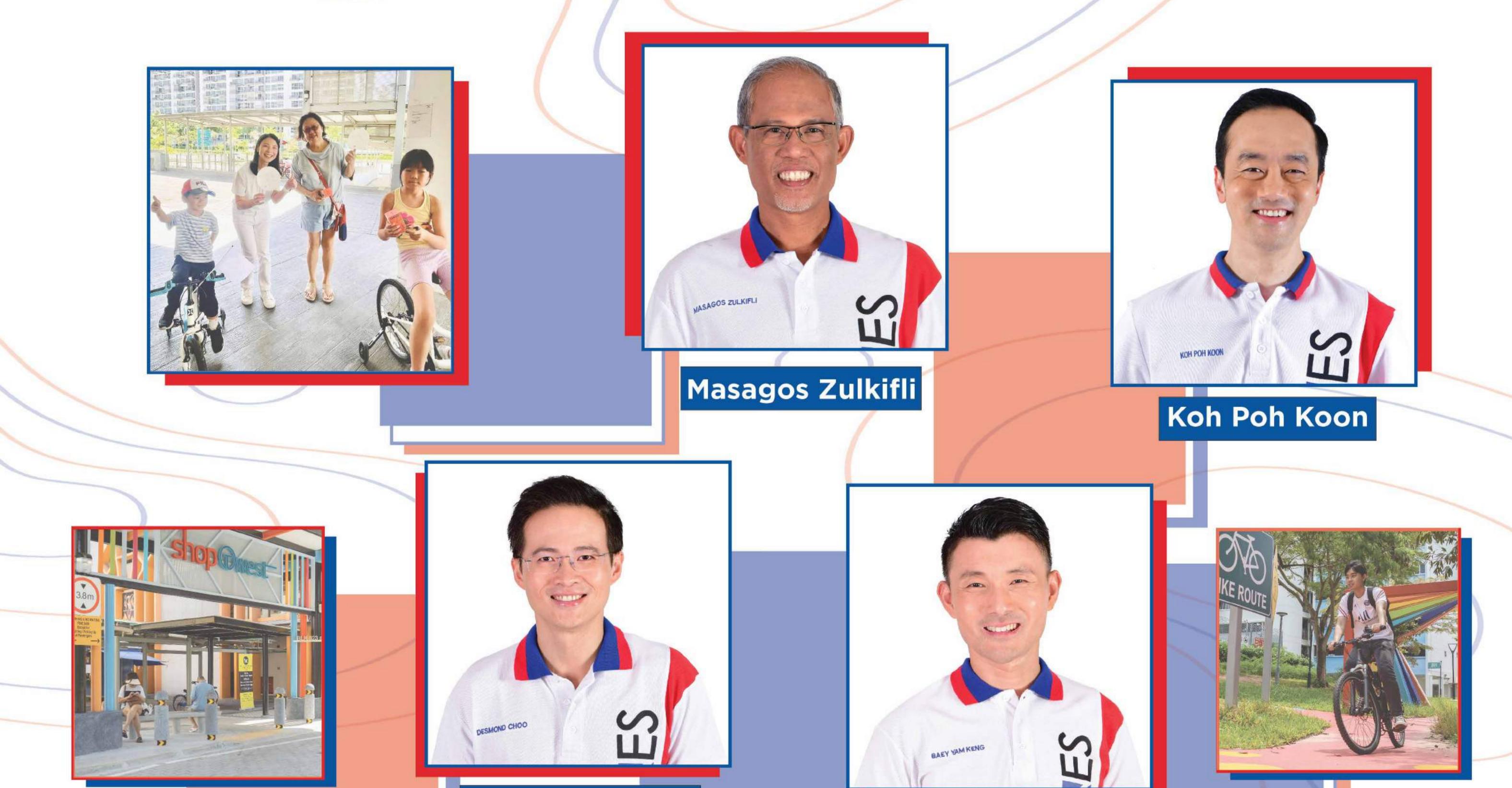


OUR 20-MINUTE TOWN Easy Access To All Essential Amenities

Did you know that Tampines is a 20-minute town?

This means most of our daily necessities are within 20 minutes by walking, cycling, or public transport. This is possible because we have worked closely with our agencies to build a well-connected and efficient transport system—one that everyone in Tampines can be proud of.

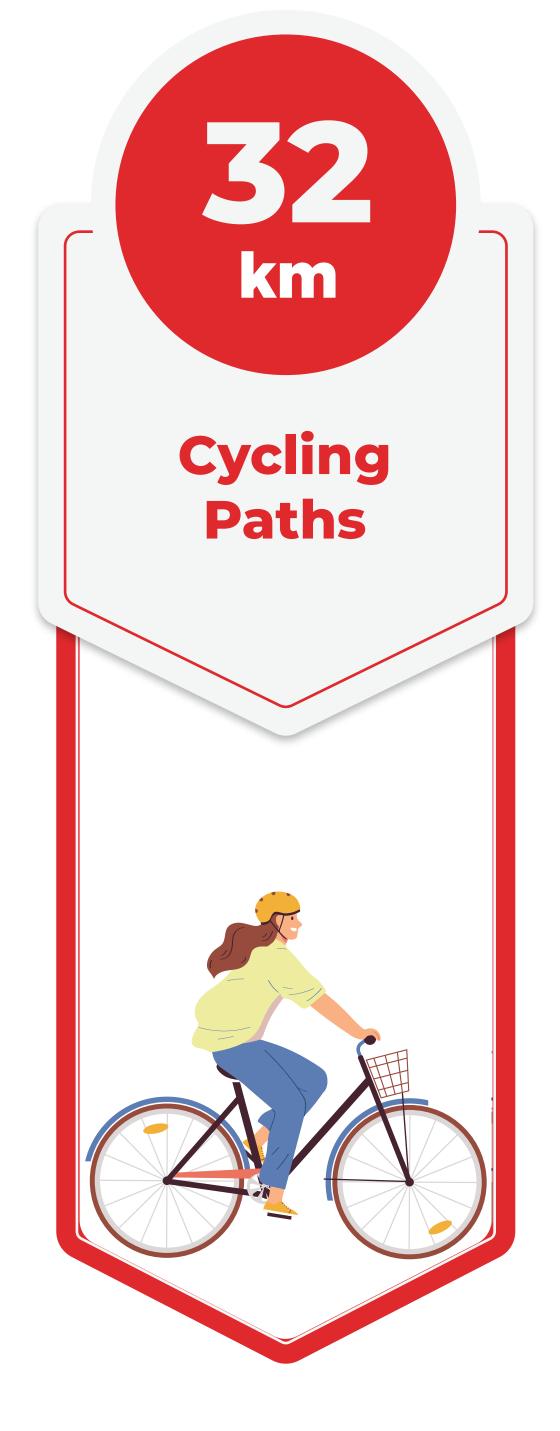
And we plan to do even more! We will continue to improve barrier-free access, build more rest areas under linkways, and construct additional drop-off porches so that everyone—young, old, and in between—can get to their destinations comfortably and safely.



Baey Yam Keng

Desmond Choo















Fulfilling Your Needs For Better Connectivity

Sheltered Linkways
Shielding You From Harsh Weather



"I love that it's convenient for me to explore places in Tampines. The sheltered linkway leading to the bus stop keeps me dry on rainy days. Moving around is easy, thanks to the thoughtfully designed ramps and barrier-free access throughout the neighbourhood."

Charis Chen

Commutes to rooftop farm for work

Drop-Off Porches
Convenient Access,
Anywhere And Anytime

"Because of work, I'm sometimes late when picking up my family after they are done with their grocery shopping. I feel better knowing they are sitting on a bench waiting for me under the drop-off porch."

Chase Helmey

Designated driver for his family



Fulfilling Your Needs For Better Connectivity

Overhead Bridges With Lifts Crossing Busy Roads Safely

"Crossing busy roads with a stroller and heavy bags used to be such a challenge, but now it's so much easier and safer with the overhead bridge that's located near our block. The barrier-free access and lifts are improvements that make moving around with the children less stressful."



Angela Kwok and Vincent Chua

Parents of two toddlers

Cycling Network Easier To Get Around By Bike



"Cycling together as a family is part of our everyday routine, whether we're heading to malls or riding to the park for some fresh air. It's so convenient and the kids love it. The widened cycling paths have made it so much safer, especially when I have little ones in tow."

Thaung San and his children

A family of cycling enthusiasts



More Walk, Cycle And Ride Options For You

A Well-Connected Cycling Network

Cycling bridge connecting Tampines to Pasir Ris

The 650-meter cycling bridge will connect cyclists and pedestrians from Tampines Ave 9 to Pasir Ris Street 51.





Cycling underpass connecting Tampines to Simei

The 450-meter underpass will connect cyclists and pedestrians from Tampines Street 11 to Simei Street 1.



More Overhead Bridges With Lifts For A Safer Journey



Blk 206 to Blk 285

Tampines Ave 2 between Blk 206 and 285 (under construction)

Tampines Ave 10 near the Alps Residences (under construction)

Along PIE expressway near Blk 288 Tampines St 22 (under construction)

Tampines Ave 12 near Tampines Boulevard Park*

Tampines Ave 2 near Blk 302 opposite Tampines East CC*

Tampines Ave 7 near Blk 497D*

Tampines Ave 5 near Blk 729 opposite Tampines Central Community Complex*

Tampines Ave 1 near Blk 893*

Accurate as of 10th February 2025

All pictures are artist's impressions and are subject to change. *The Tampines team will support these projects and work with LTA.

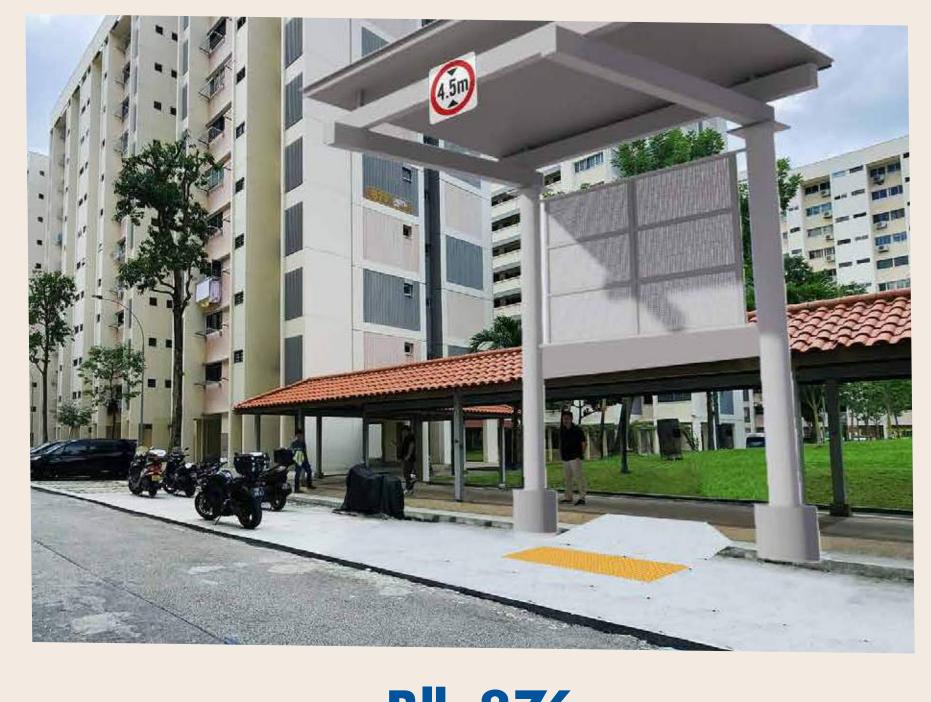
More Places Where You Can Alight Safely



Blk 345



Blk 393

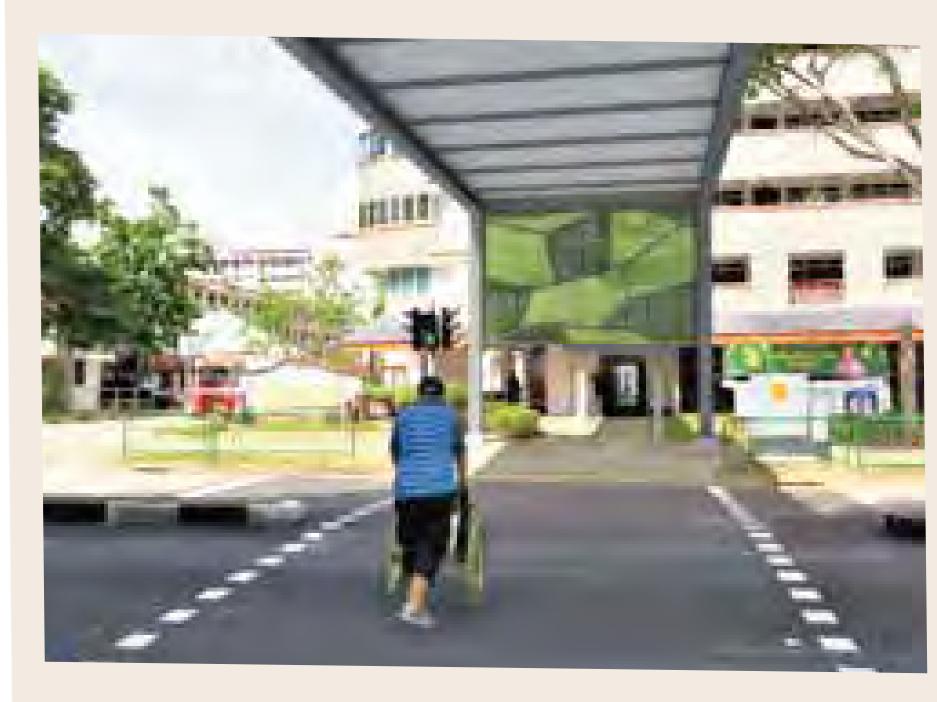


Blk 876

Linkways To More Amenities



From Blk 150 to Tampines Pri Sch



From Blk 358 to Tampines Mart



From Blk 856E to Our Tampines Hub

Ready To Meet Your Future Transport Needs

The new Tampines North transport hub, with its dedicated bus interchange and MRT station, will complement the existing hub in the town centre, making Tampines the most connected town.

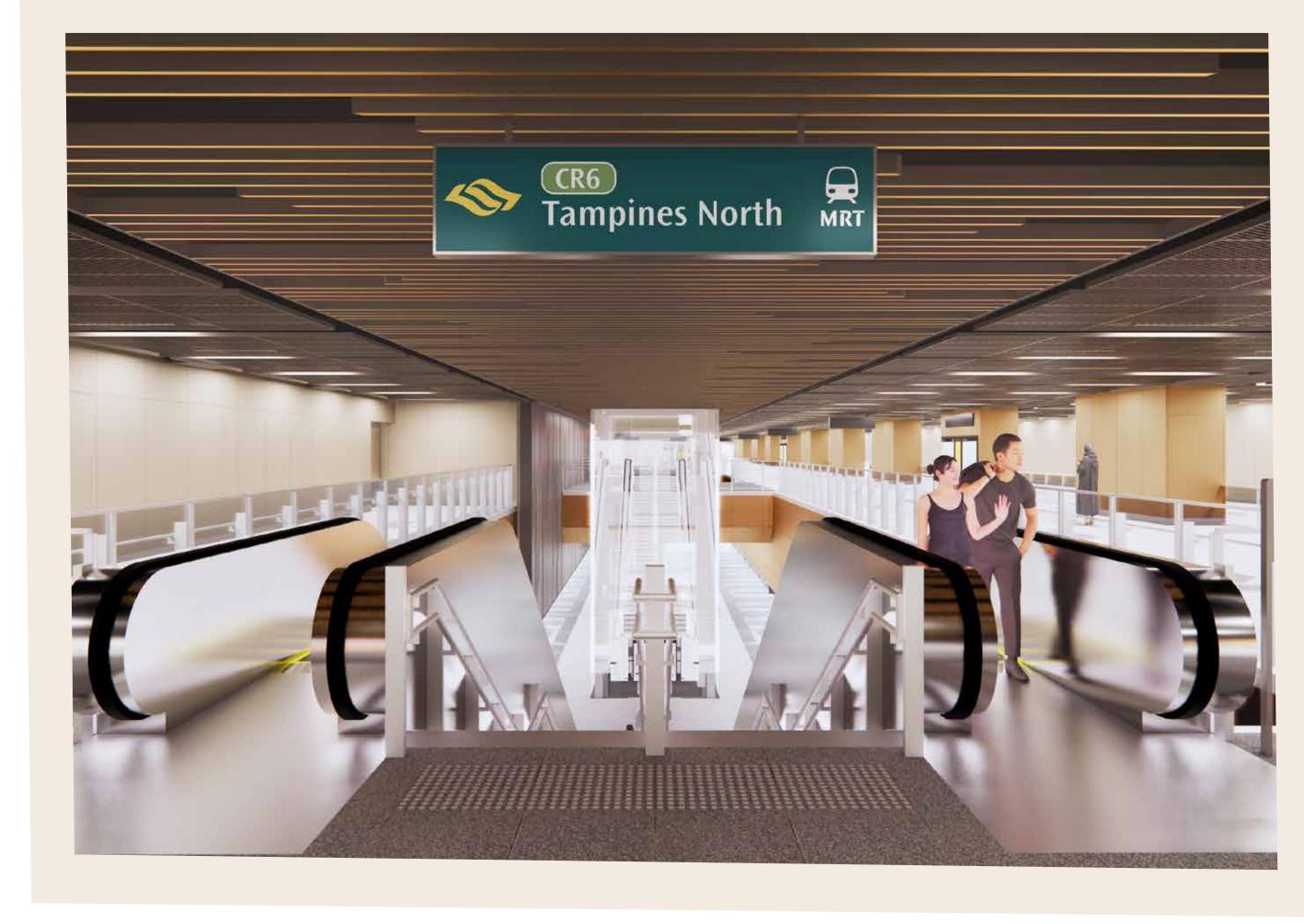
Crossing The Island In Half The Time

The Tampines North MRT station on the Cross Island Line (CRL) connects residents to interchange stations in Ang Mo Kio, Bright Hill, Hougang and Pasir Ris.

With the fifth MRT station in Tampines, travelling time will be cut by half. Going to Ang Mo Kio will take 20 mins instead of 50 mins.



IMAGE CREDIT: LAND TRANSPORT AUTHORITY





MAGE CREDIT: LAND TRANSPORT AUTHORITY

*All pictures are artist's impressions and are subject to change

More Express Buses, Less Travel Time

For BTO residents living farther away from the town centre, the Bus Connectivity Enhancement Programme provides a new "express feeder" bus service in Tampines.

Tampines residents are the first to enjoy the convenience provided by the new programme. Bus service 298X takes fewer intermediate stops than the existing feeder services.



"Getting around in Tampines is so convenient with many bus services and the 4 MRT stations that we have! As I live a bit farther from the town center, I'm looking forward to more express bus services. Taking the bus 298X saves me a lot of time and helps me make the most of my day, leaving more moments to spend with my family."

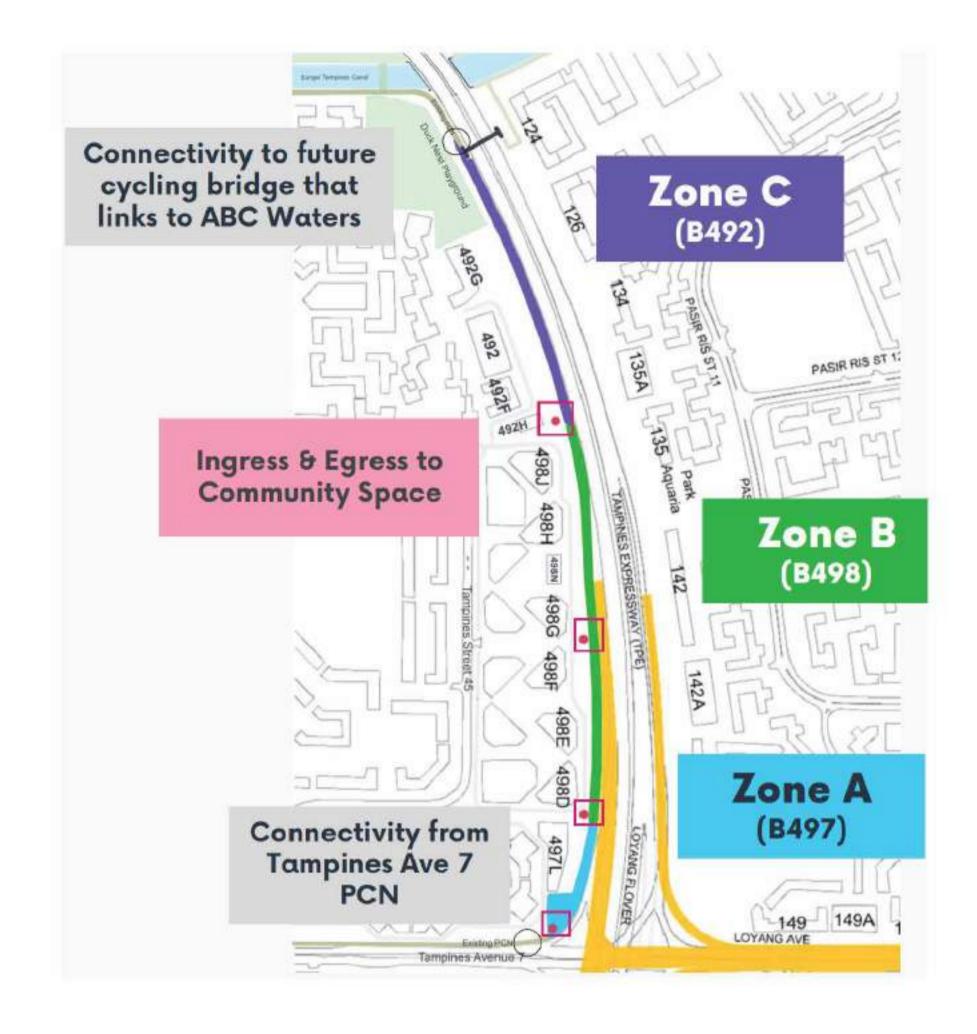
Adeline
A busy commuter

Improving Traffic Flow And Creating New Community Spaces

The new Loyang Viaduct will help ease heavy traffic by improving traffic flow.

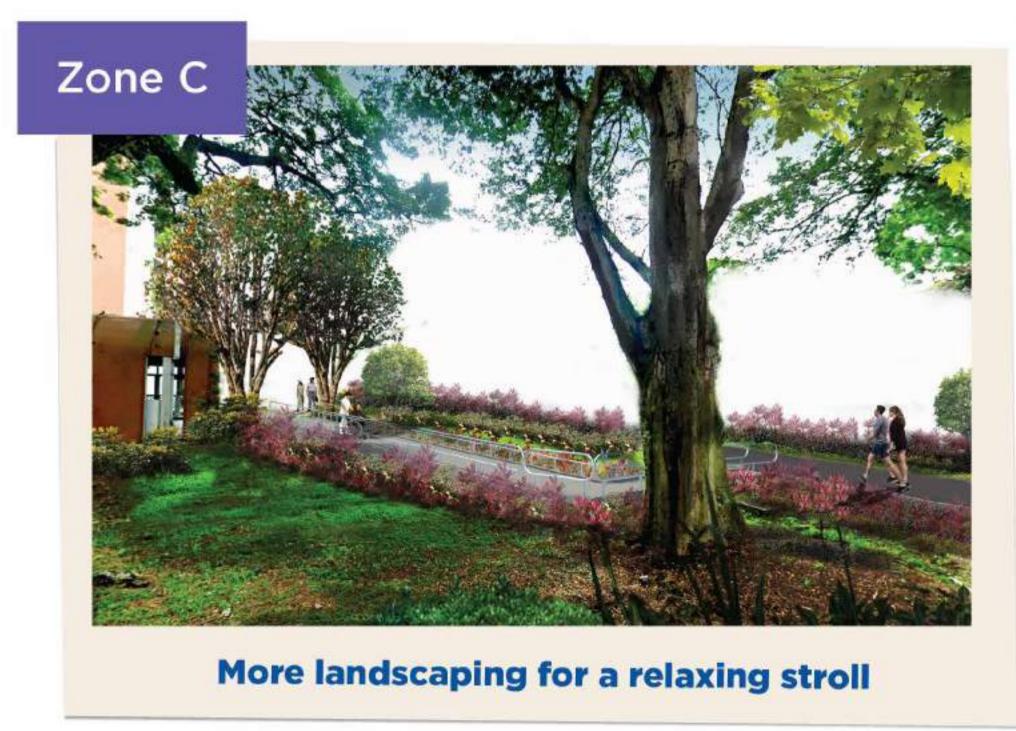
The road network and commuter facilities will be upgraded for smoother journeys.

You can also look forward to landscaped infrastructure that boosts connectivity and new community and recreational spaces for everyone to enjoy.

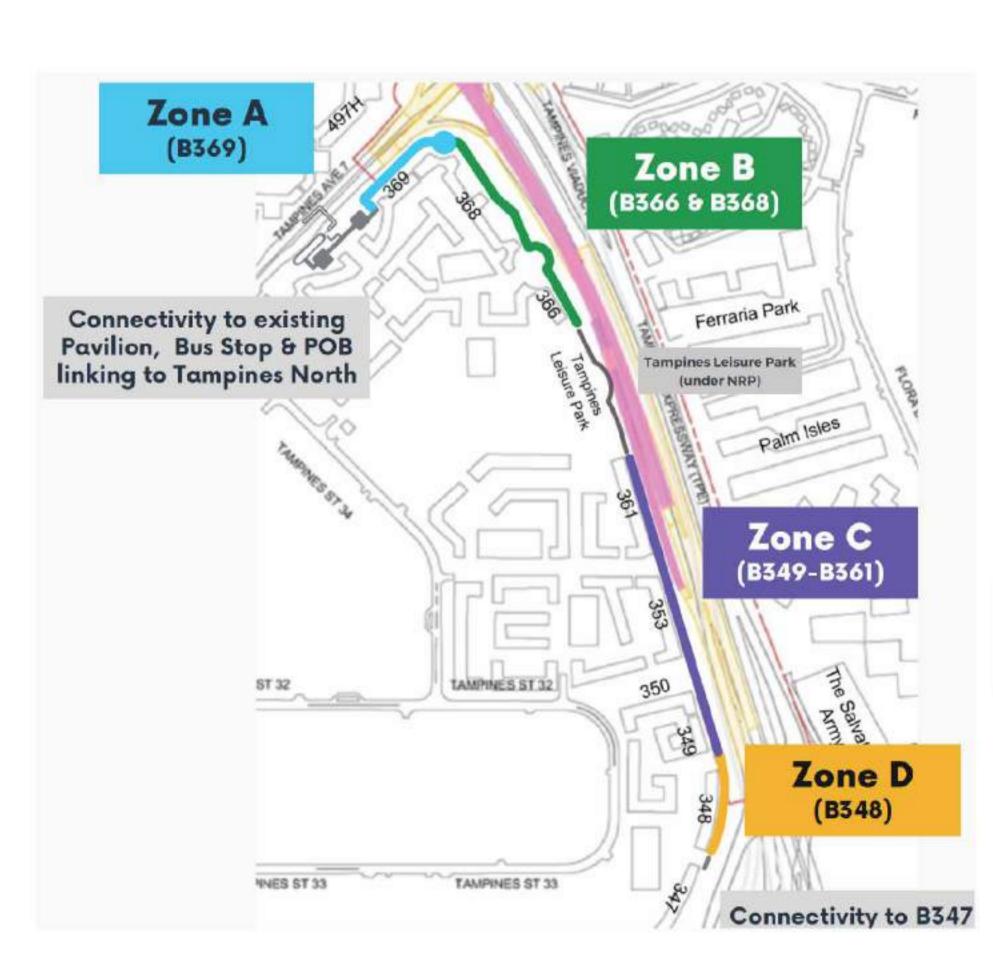




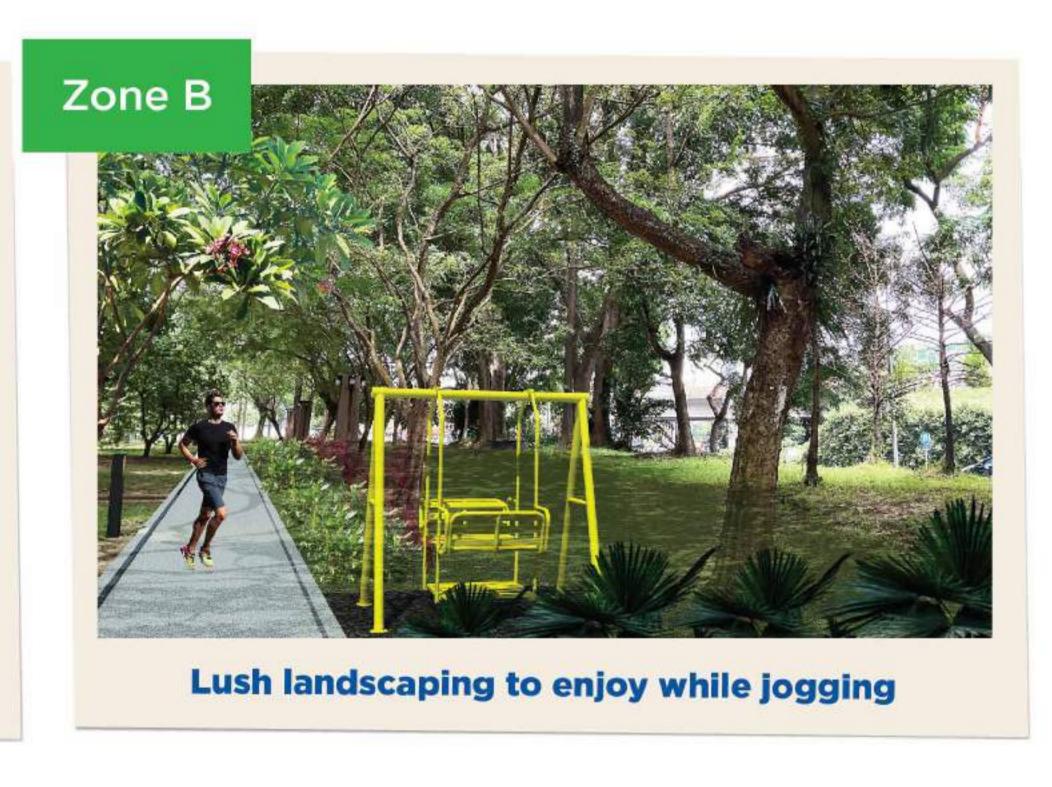


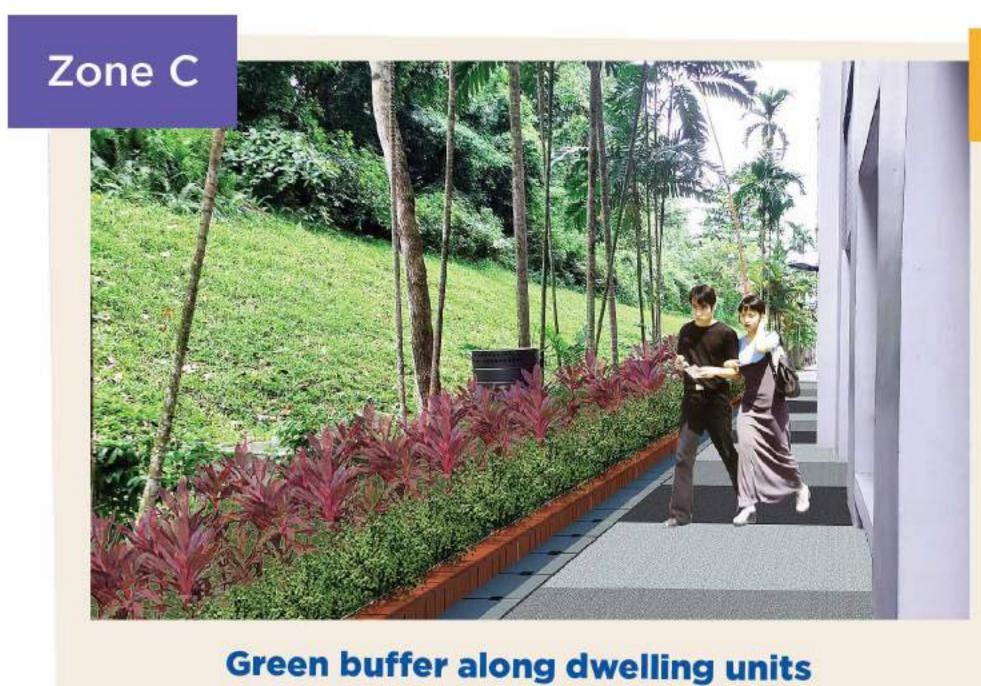


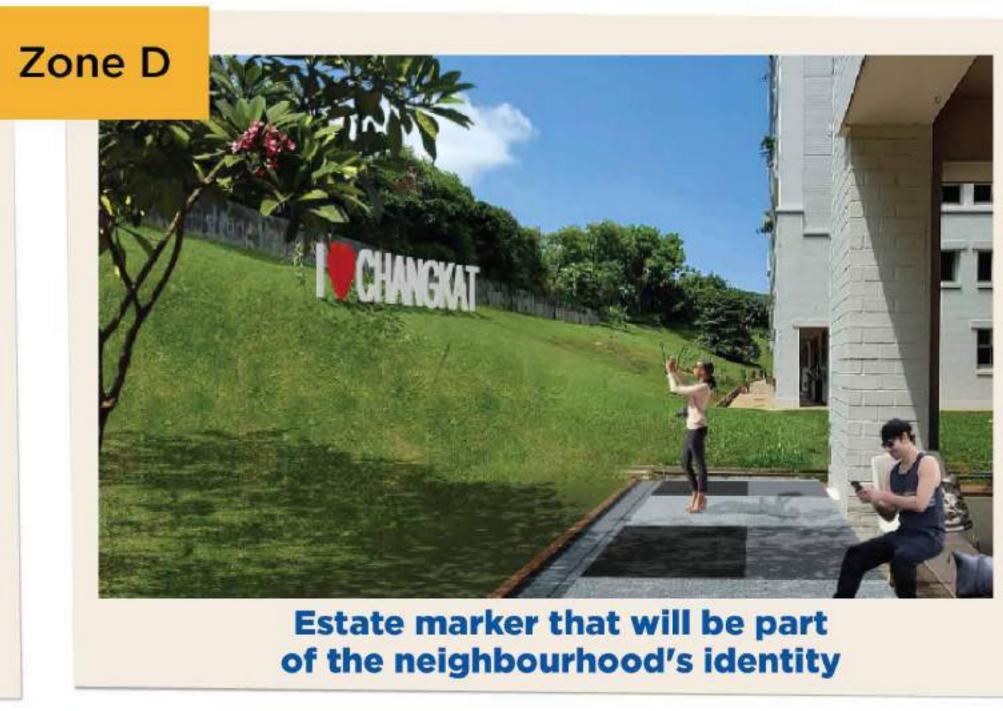












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OUR GARDEN TOWN More Green Spaces

Closer to Your Home

There are already 22 green spaces in Tampines for residents to enjoy, but we want to bring even more greenery to you. We are exploring non-traditional spaces to make this happen.

Our vision for new parks is to create spaces where families can come together to bond. Beyond elderly-friendly neighbourhoods, our parks will also be designed as safe places for seniors to stay active—both physically and mentally.

What's more, these green spaces will be well-connected with new cycling paths and park connectors as part of our 20-minute town.





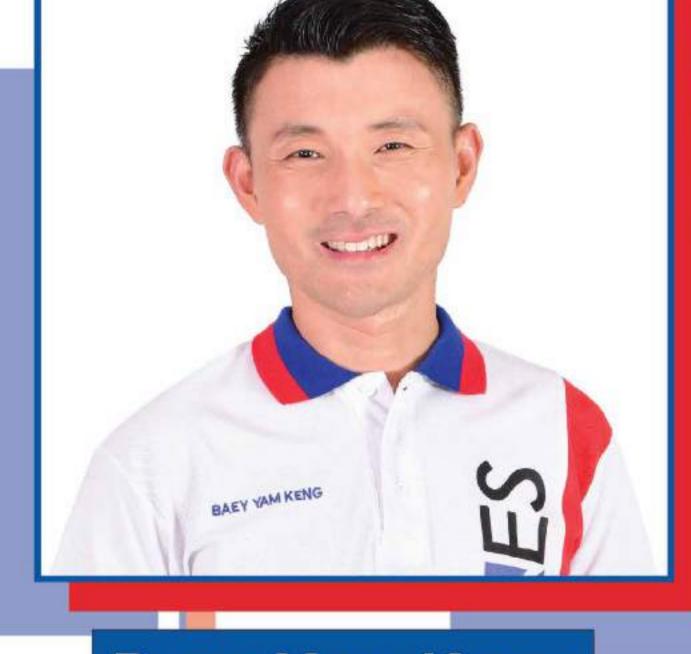


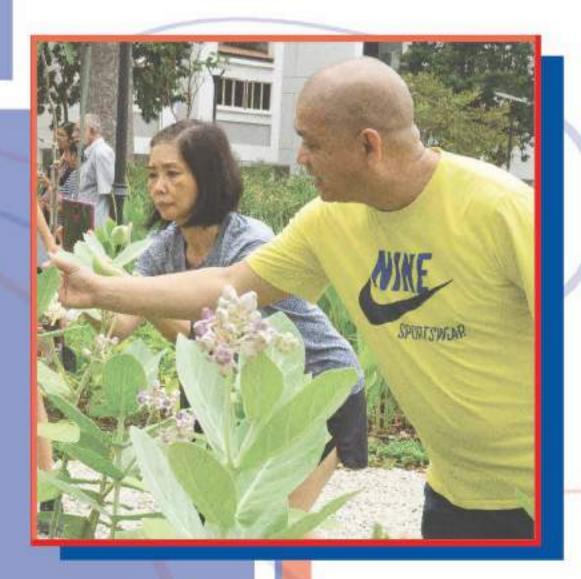


Koh Poh Koon



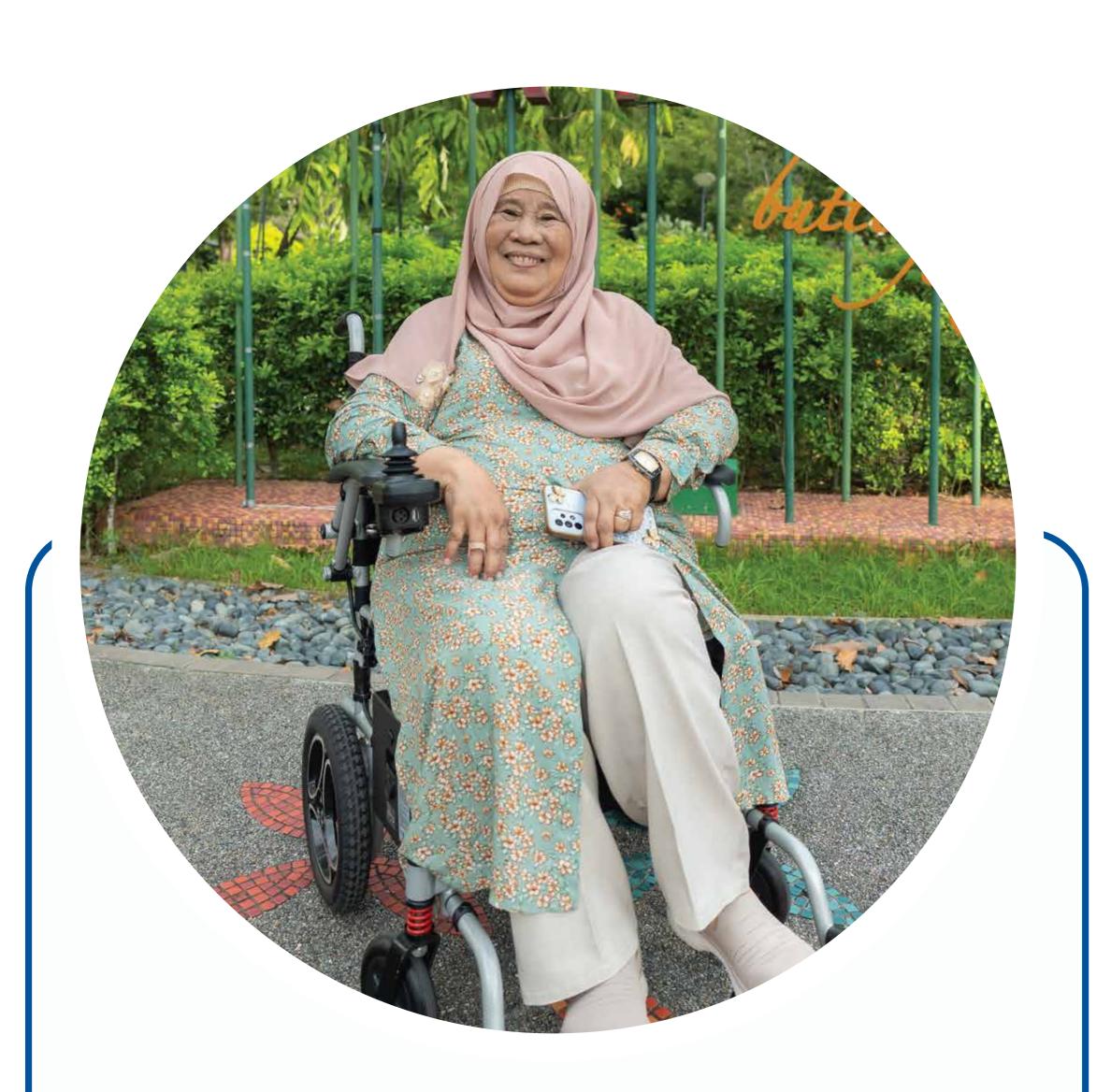






Desmond Choo

Baey Yam Keng



"I love visiting the Butterfly Garden. It's a peaceful place where I can relax and learn about the different butterfly species. I appreciate how accessible the garden is, with its wide, smooth pathways. The thoughtful design allows me to fully enjoy this tranquil space."

Asmah Tan

Butterfly Garden volunteer



Just 10 Minutes From Your Home To A Green Space

Tampines has 22 green spaces, including parks, gardens and a waterway.

Connected Parks Catering To All Ages

The new Tampines Boulevard Park and the ABC Waters @ Sungei Tampines are connected to Tampines Eco Green and Sun Plaza Park via park connectors. Residents can enjoy vast areas of green spaces with amenities catering to all ages.



FOR NATURE LOVERS

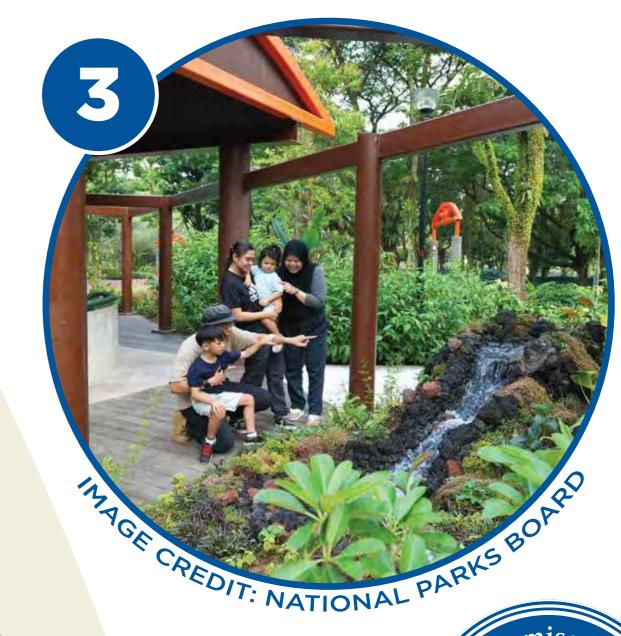
Tampines Eco Green is a nature lover's haven.
It resembles a savannah with marshlands, a secondary forest and freshwater ponds.

WE DELIVERED



FOR FAMILIES

Tampines Boulevard Park offers play, fitness and nature activities that families and residents of all ages can enjoy.



FOR SENIORS

Sun Plaza Park has a new wheelchair-accessible therapeutic garden with features that facilitate interactions with nature for improved well-being.



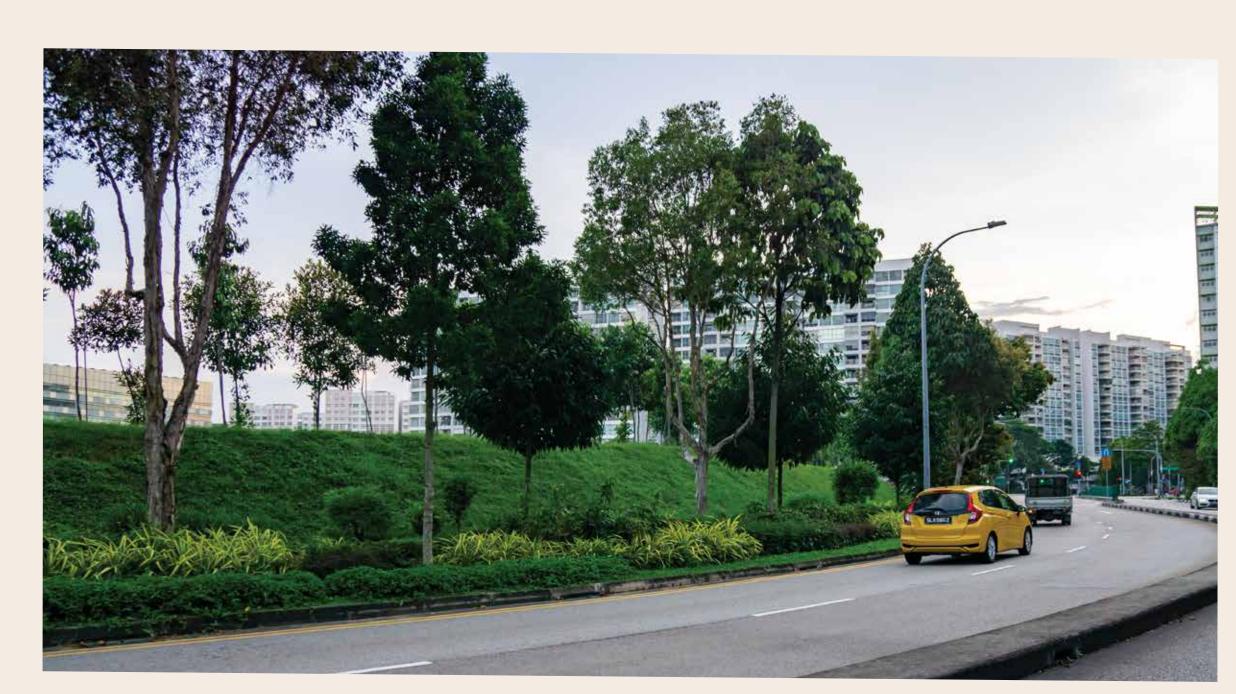
FOR EVERYONE

The ABC Waters @ Sungei Tampines has recreation and community spaces such as a naturalised waterway, lookout decks, a garden bridge and rain garden.



Greenery Beyond Parks And Gardens

Nature Ways Our Soothing Green Corridors



Tampines Central 7 Nature Way



Tampines Avenue 9 Nature Way

Nature ways are routes with trees and shrubs that mimic natural structure of forests.

Tampines Nature Way is a 7-km path connecting Bedok Reservoir Park to Pasir Ris Park.

This scenic route helps wildlife move between lush green spaces.

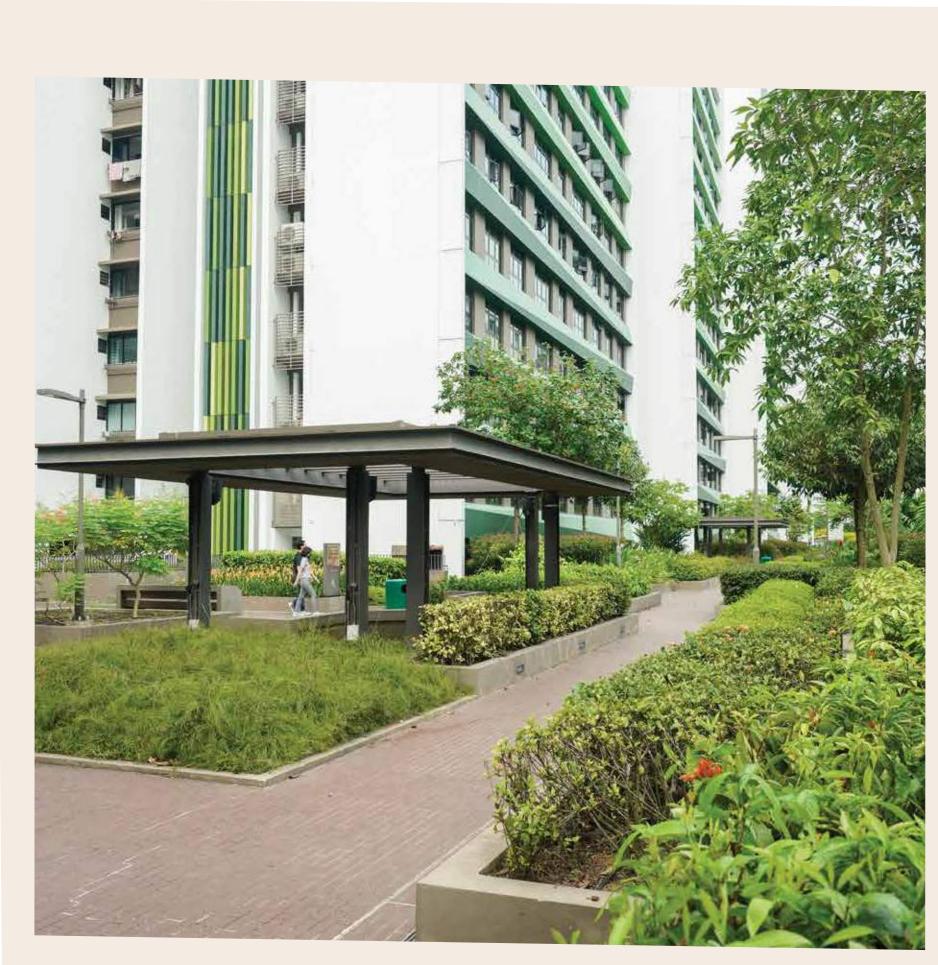


"Driving during the long night shifts can be exhausting. But when I drive home, the sight of the trees along the main road on Ave 9 offers quiet comfort. It's like a peaceful welcome after a tiring shift, and it helps me unwind before getting home. It's a small yet meaningful part of my journey every day."

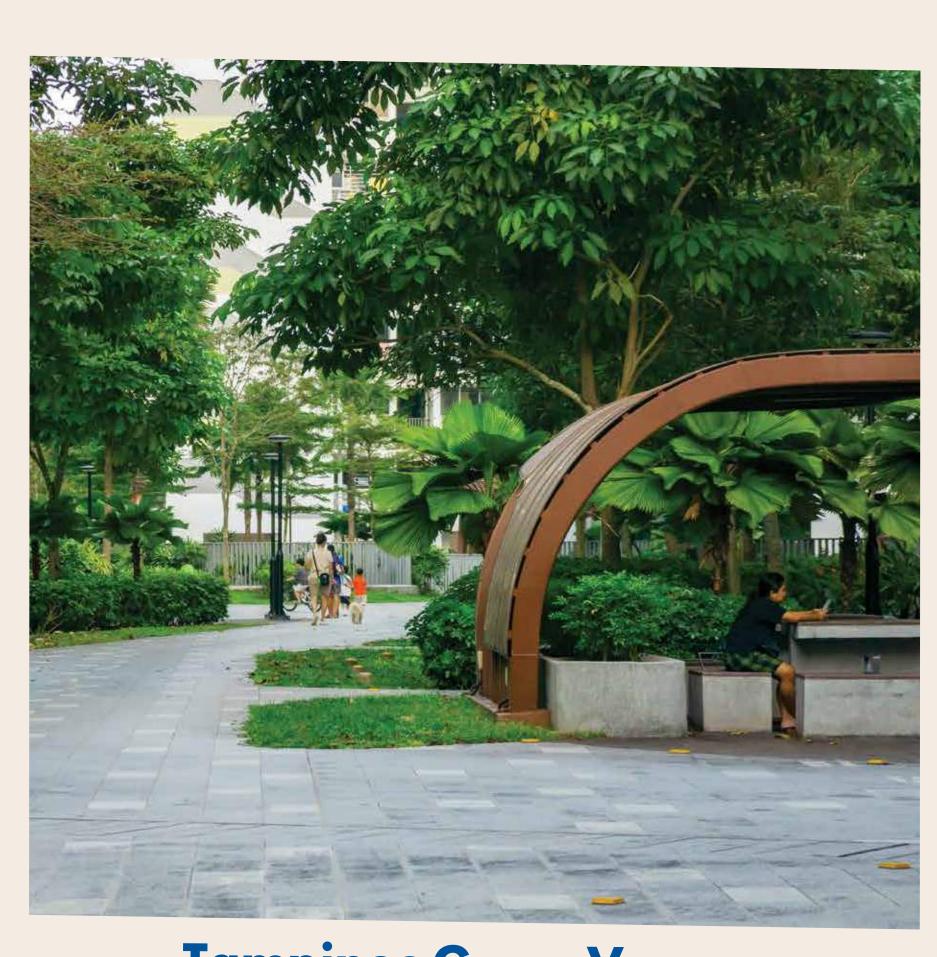
Francesco Aaron

A fellow Tampines private hire vehicle driver

Streetscapes And Neighbourhoods With Lush Greenery



Tampines GreenRidges
Environmental Deck



Tampines GreenVerge Environmental Deck



Covered linkways with flowering climbers



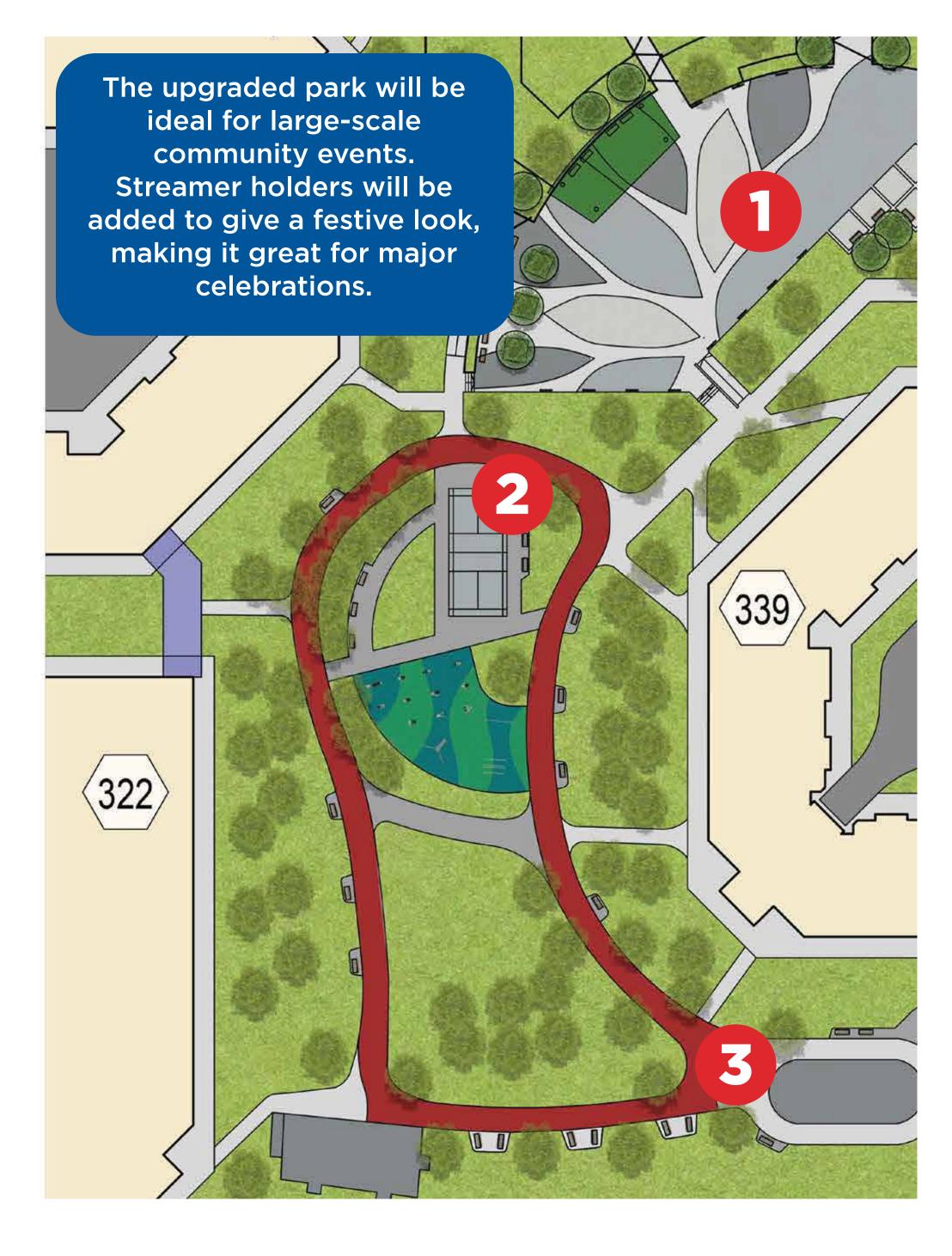
Parks Redesigned For You

A Place For Family Bonding



Tampines Tree Park near Blk 339

*All pictures are artist's impressions and are subject to change



1 Festival Plaza

The plaza space will cater for big family events, perfect for celebrations and community bonding.

2 Activity Zone

Multi-generational families will enjoy the game court, senior fitness corner and playground.

3 Jogging Track

200-meter jogging track will be refinished with distance markers.

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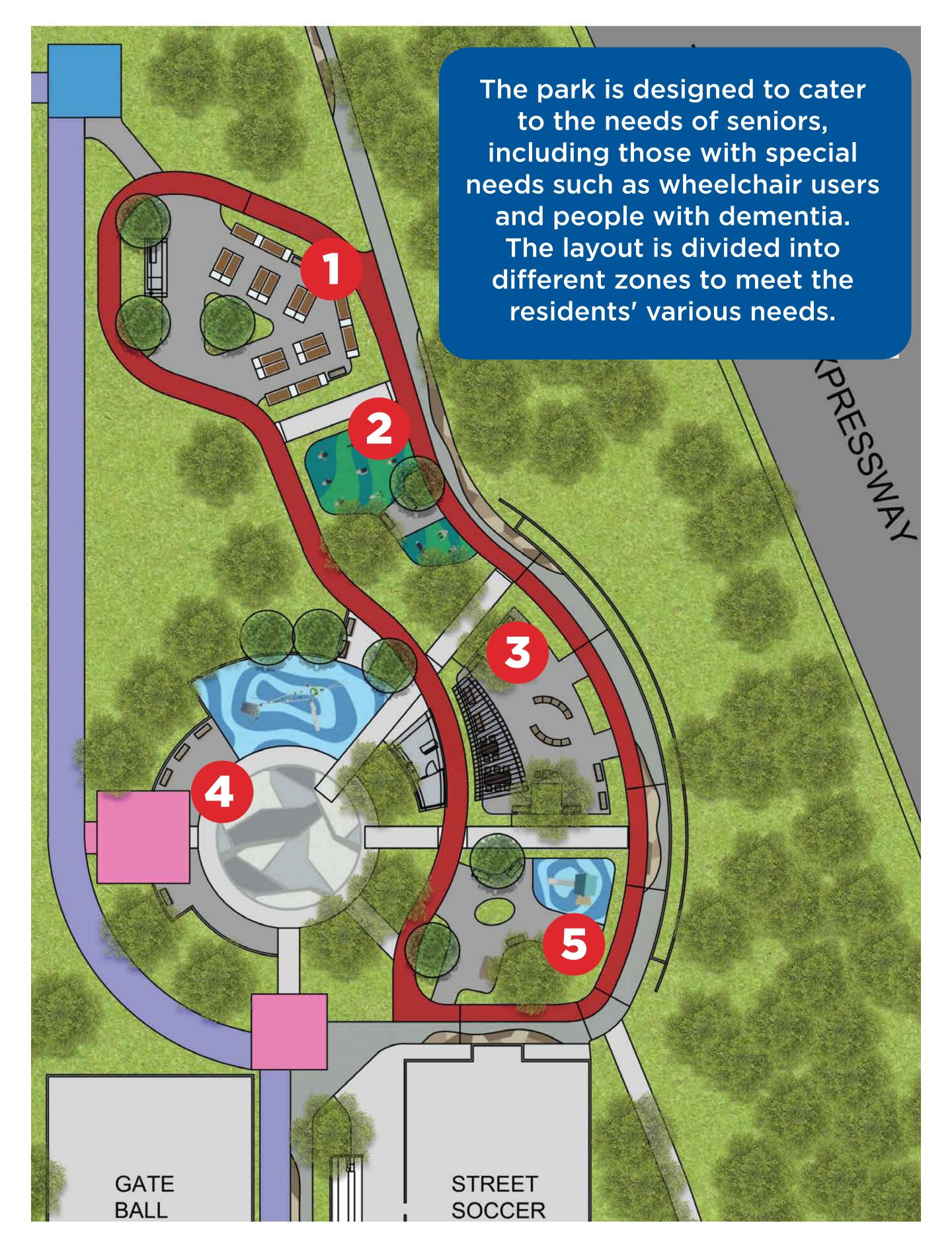
FUTURE PROJECTS (2025 - 2030)

A Place For Senior Wellness



Tampines Leisure Park near Blk 366

*All pictures are artist's impressions and are subject to change



- Horticultural Therapy
 Wheelchair users can enjoy the full therapeutic benefits of the barrier-free garden.
- Fitness Area For Seniors
 Seniors can stay healthy with specially-designed, low-impact equipment.
- Neighbours can rest on benches and exchange stories under the shady trellis.
- With a capacity for 200 people, the hardcourt will be ideal for residents to hold mass activities like zumba.
- Playground
 New playground with features
 that make play more fun and
 enriching for 6 to 12 year olds.

Connecting Two Parks To Serve More Residents

New Amenities On The Inter-Precinct Connector





OUR ECO-TOWN

Ready To Protect Your Environment

Tampines is an Eco-Town because we are committed to the fight against climate change and understand your concerns for our environment.

We will pilot and implement innovative solutions to ensure sustainable development as our town grows.

We will help you make your homes greener and more sustainable, and support ground-up initiatives close to where you live. This will enable you to embrace a more sustainable way of living while keeping Tampines a model Eco-Town for other towns.





Sustainable Living Made Easy For You

Tampines is a test bed for the latest technologies in sustainability.

The aim is for all residents to have easy access to facilities that support a sustainable lifestyle, whether it is buying fresh fish from the neighbourhood farm or recycling food waste at the Black Soldier Fly facility.

Sustainability @ Tampines Park

Singapore's First Community-Based Circular Ecosystem For Food Production



Residents play a part in community eco-resilience



- Food waste from residents is collected and fed to Black Soldier Fly larvae, a type of decomposer.
- The nutrition-packed Black Soldier Fly larvae will be processed and fed to the tilapia in the fish farm, while the excreta (frass) is used to fertilise vegetables in a nearby community garden.
- The vegetables and tilapia will then be harvested, completing the cycle.



Black Soldier Fly Facility

Recycling Food Waste As A Community

Residents receive green points when they contribute their food waste to the Black Soldier Fly facility. These can be used to redeem vegetables and tilapia fish farmed at the Tampines Park.

200KG
Food Waste
Contributed Every Week



"The Black Soldier Fly facility makes it easy for me to recycle my food scraps every day. These food scraps are transformed into valuable resources like fertilisers for the trees. Every time I walk by, I feel proud knowing that I am doing my part for the environment"

Raymond Wong

Contributes food waste for recycling

Aqualita Fish Farm

"I'm so proud that Tampines has its own container fish farm! I tell my friends that my family gets to buy nutritious fish that's farmed in our estate, and they're so impressed. I look forward to visiting the fish farm one day - there's so much

Keerthana Krishnamurthy

I can learn from it!"

Student



The container fish farm can produce up to 1,200 kg of jade perch annually. These fish are sold in the Round Market, enabling Tampines residents to be the first in Singapore to purchase fish farmed in their neighbourhood.

Rooftop Farming

Organic vegetables for all residents



Blk 723A Multi-Storey Carpark

Residents Enjoy Weekly Harvests Of



"Residents bring the harvest home and turn it into meals for their families, making it a truly farm-to-table experience. It brings me so much pride that the vegetables we grow in Tampines contribute to healthier meals for families."

Nicholas Goh (Farmer Nick)

Person in charge of the rooftop farm

Corridor Farming

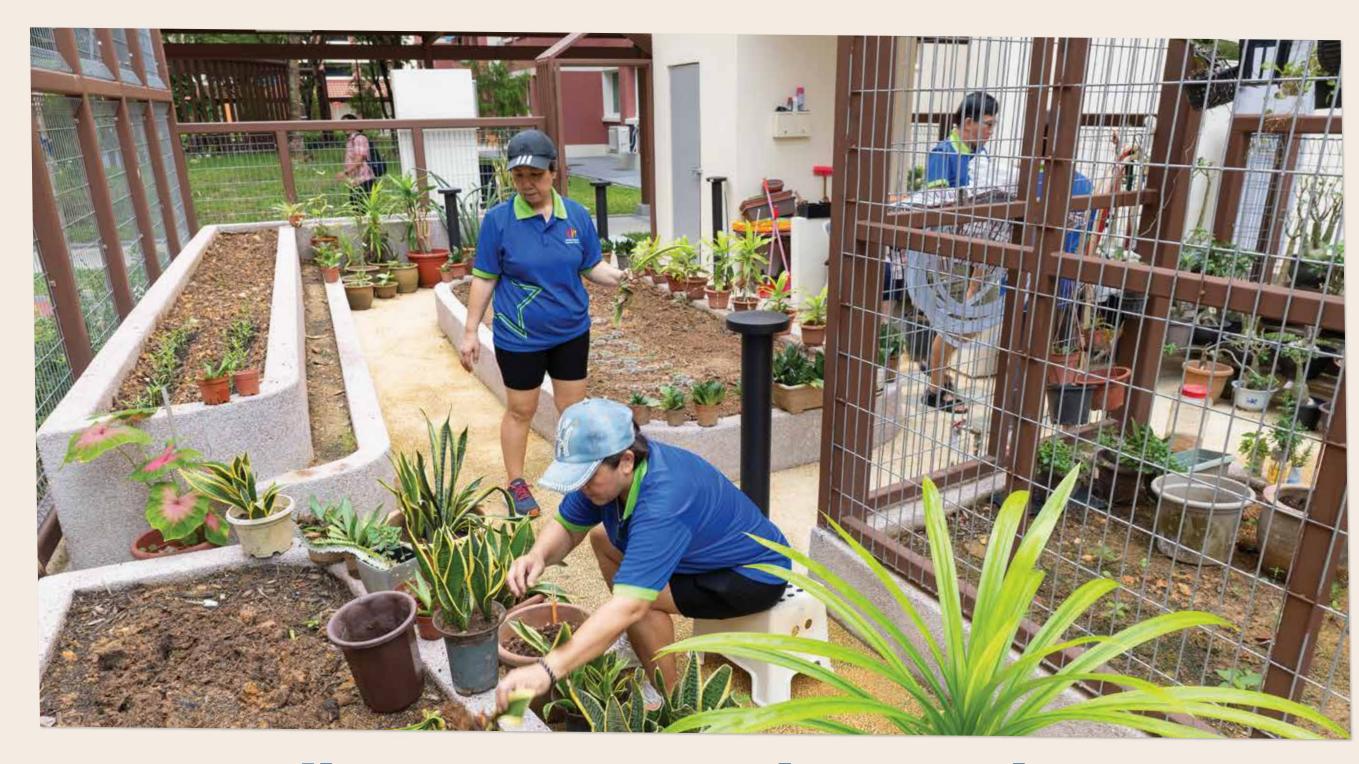
Creative way to grow vegetables without cluttering the corridor



Households **Benefitted From Corridor Farming**

Community Gardens

Where neighbours build strong ties by growing food together



Blk 716 Community Garden



"The community garden is a special place where neighbours from all walks of life gather to plant vegetables, exchange gardening tips, or simply relax enjoying the greenery. As we work together, tending to the garden, we become close friends through shared experiences."

Raymond Tan

Residents' Network Chairman

Reducing Dengue Risk Effectively

Project Wolbachia

Tampines is one of the first towns to pilot Project Wolbachia. Covering Tampines town, Project Wolbachia has successfully reduced Aedes aegypti population and dengue risk. Wolbachia is safe and natural, and has no adverse impact on our ecosystem.

90% Reduction

in Aedes aegypti mosquito population in sites with more than one year of releases. 7700 Reduction in dengue cases





LESS dengue risk

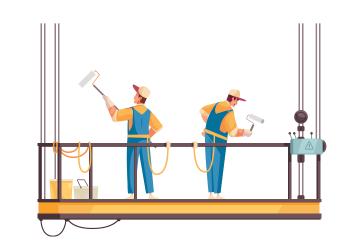
in Tampines estate



UPDATED AS OF OCTOBER 2024



Achieving Sustainability The Smart Way



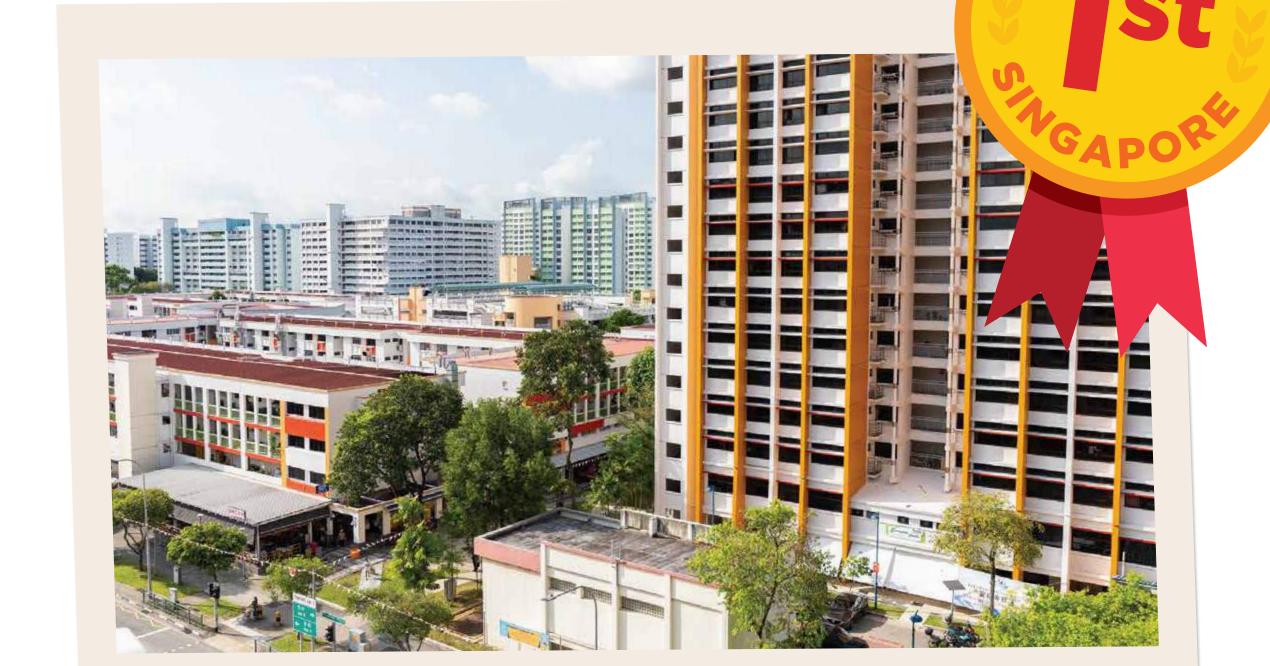
Blocks Will Be Painted 128 Blocks will be a summer of the Biocks with Cool Paint By 2025.

Cool Paint

Heat-reflective paint reduces ambient temperature by up to 2 Degrees Celsius, therefore improving comfort for residents while reducing energy consumption.

Precincts with Cool Paint

Tampines Arcadia, Tampines Grove, Tampines Green, Tampines Greenwood, Tampines Spring, Tampines Parkview, Tampines Palmwalk, Tampines Terrace and Tampines Ville.





Blocks Will Have Solar Panels By 2029.



Smart Lighting System*



The lamps detect movement and will automatically adjust the brightness of LED lights in common areas. This saves up to 60% energy on top of savings from using LED.

Precincts with the latest Smart Lighting System

- Tampines GreenCrest
- Tampines GreenGlade
- Tampines GreenGlen
- Tampines GreenSpring
- Tampines GreenVines

SolarNova Programme

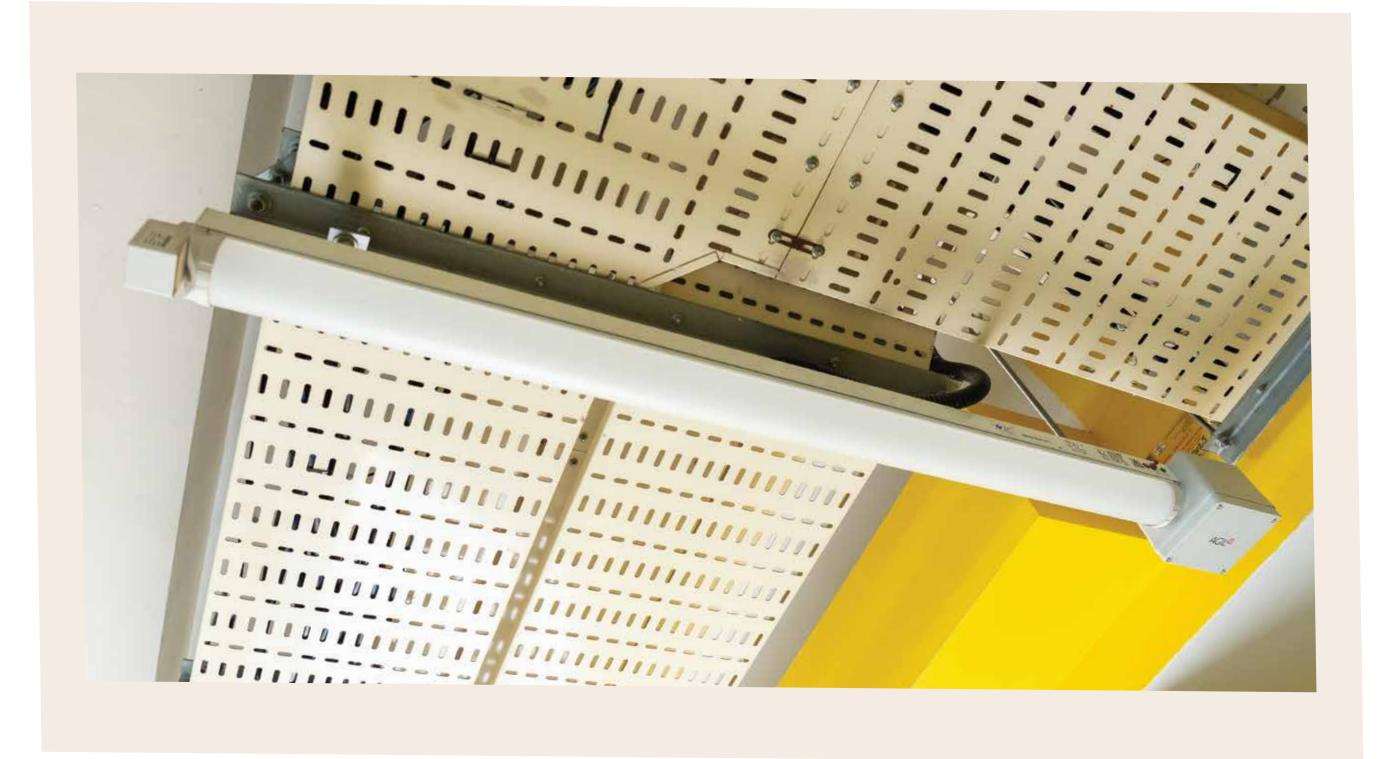


Solar energy is harnessed to power common services (e.g. lifts, lights and water pumps) of HDB blocks in the day.

295 HDB blocks in Tampines are already installed with solar panels. By 2029, the solar panels in Tampines will generate enough energy to power

7000 four-room HDB flats.

All HDB blocks in Tampines will be installed with the latest smart lighting system progressively from 2030.



Food Waste Digester

Proper Food Waste Management For A Cleaner Neighbourhood



New Features and Benefits

- Continues to function when plastic or paper is mixed with food waste
- Takes less than one hour to process 100kg of food waste
- Uses less energy

New food waste digesters will be installed in **Tampines East N2**, **Tampines North N4** and **Tampines Round Market** in 2025.

Tampines West N8 food waste digester has already processed more than

130,000 kg of food waste



"The food waste digester has helped reduce rodent and pest problems in our neighbourhood. I am proud to see our merchants and cleaners working together to manage the food waste. It shows the community's commitment to keeping our environment clean and gives me hope that we'll be pest-free one day."

Ang King Keong, PBM

Chairman of Tampines West Merchant's Association

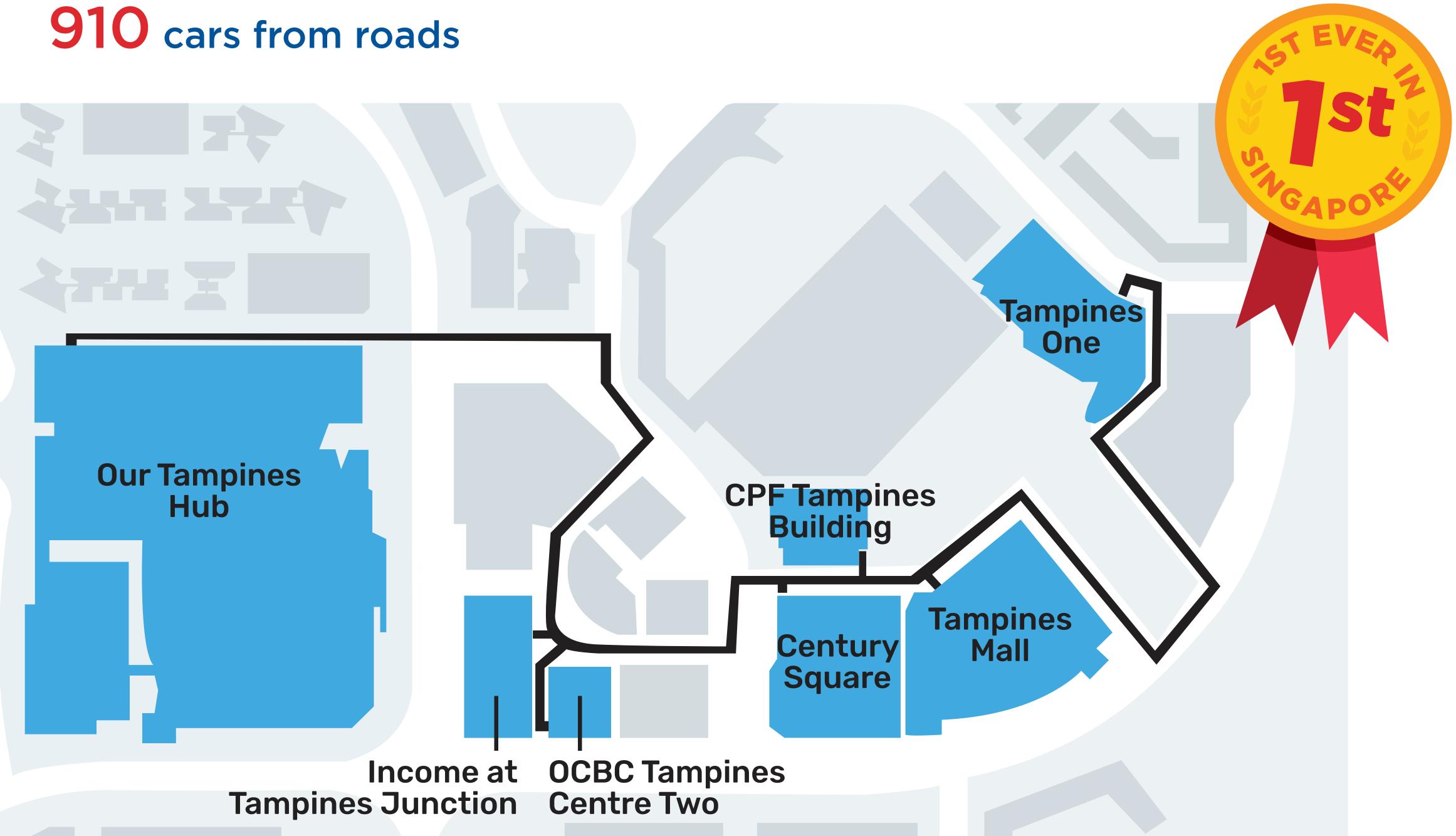
Smart Cooling
In The Town Centre

Singapore's First Brownfield Distributed District Cooling Network

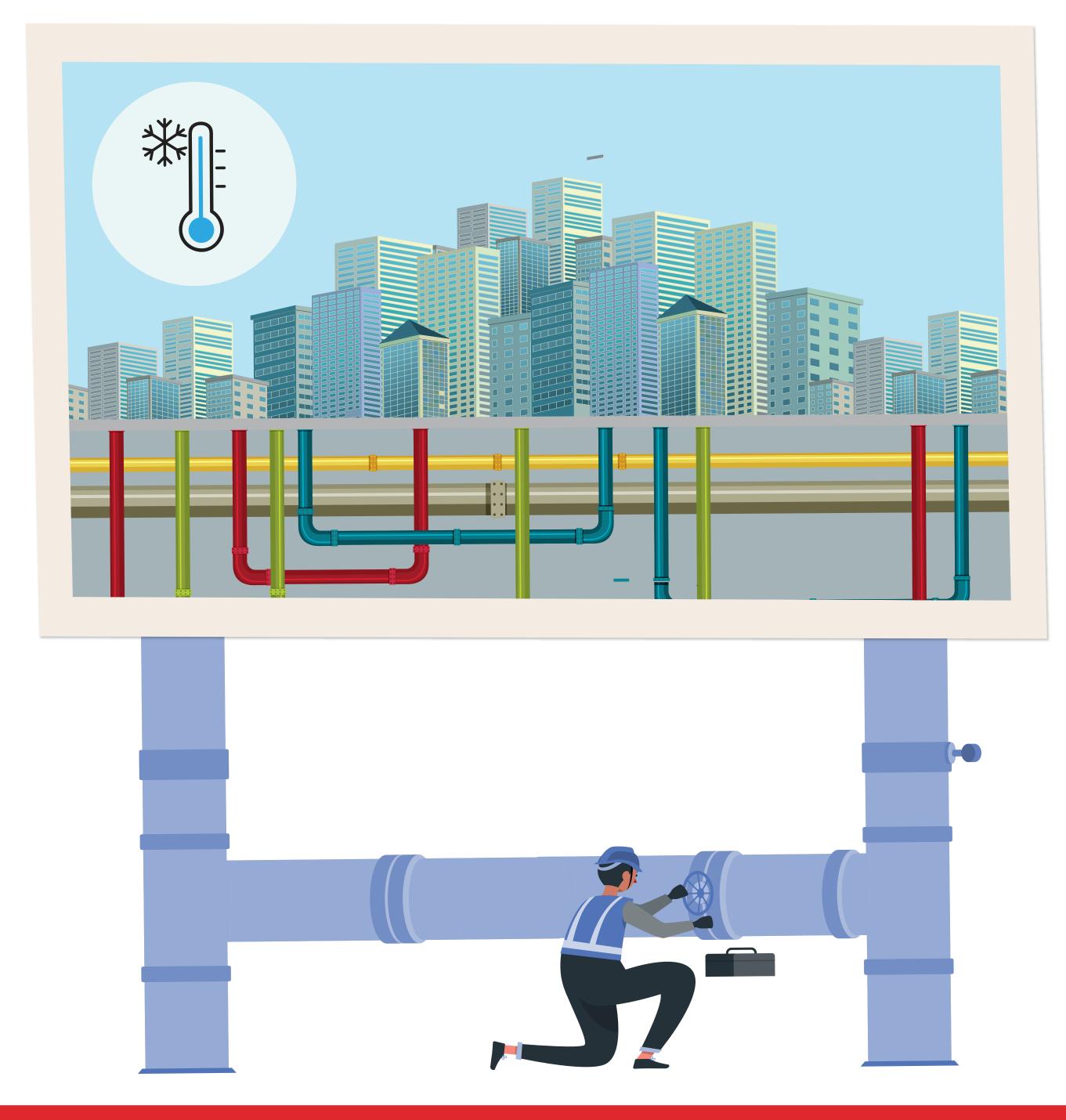
provides cooling comfort while achieving:

11% reduction in energy consumption - enough to power
 710 three-room HDB households for a year

• 12% reduction in carbon emissions from both energy savings and refrigerant reduction – equivalent to removing



In 2025, the above seven buildings in the regional centre will be retrofitted to plug into the Distributed District Cooling (DDC) Network.



How Does A Distributed District Cooling System Work?

Existing in-building chiller plants are selected based on their existing excess spare capacity and superior energy efficiency.

Buildings are connected through an underground piping network to distribute and circulate chilled water for air-conditioning.



Imagine a giant air conditioner that can cool an entire district, but greener and more energy efficient.



OUR CARING HOME

Tampines Home Taking Care of You Together Now and Always And Those In Need

In Tampines, we have comprehensive health and care facilities to ensure that everyone, including those with special needs, can be cared for - from the groundbreaking Family Nexus@OTH for the very young to more Active Ageing Centres for our seniors, and more!

Your health and well-being matter to us.

We aim to make Tampines a more inclusive town where seniors and persons with disabilities can continue to enjoy active, fulfilling lives.















Desmond Choo

Baey Yam Keng



Caring For Your Health and Well-being

Community Support For Those In Need

There are many community-driven programmes in our town to help individuals and families who are facing challenges. They are testament to your compassion and care for fellow Tampines residents.

Grocery Distribution

to low-income families

With more volunteers stepping forward to deliver groceries, essential support is given to those who need it most.

Households Have Benefitted



Project 100=50

for low-and middle-income families

Eligible Tampines households can purchase daily necessities and groceries at half the retail price, providing relief from cost pressures and ensuring access to essential items.

14,000

Households Have Benefitted



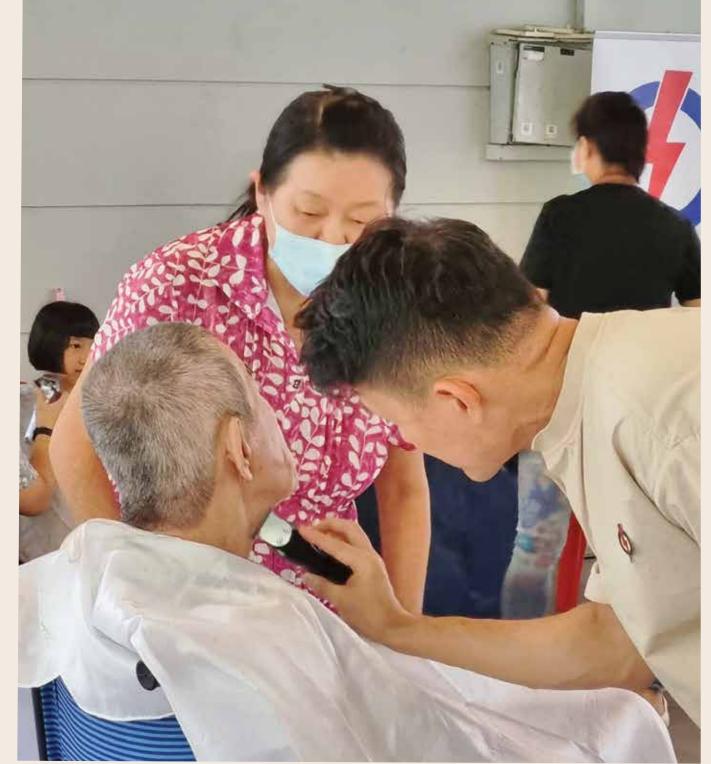
Free Haircuts

for seniors

Seniors enjoy free haircuts given by volunteers - a thoughtful service that fosters community spirit.

455000 Residents Have Benefitted





Community Support For Those In Need



Free Lasting Power of Attorney

for seniors

Free Lasting Power of Attorney (LPA)
workshops encourage residents aged 50 and
above to have better planning,
empowering them to make important
decisions about their future care.

2,0000 Residents Have Benefitted

Project Refresh

for seniors and low-income families

Volunteers improve the living environment of those in need by painting, cleaning and decluttering their homes for free.





Tampines Central CARES Shopping

for low-income families

Families are invited to a shopping session at the supermarkets, during which their expenses for groceries and daily necessities will be covered. Volunteers will guide the families and share tips on stretching their dollar further by buying value-for-money house brand products.

5000 Beneficiaries

Caring For People With Disabilities

Enabling Services Hub

Individuals with disabilities and their caregivers face unique challenges. In Tampines, we have support and resources that are tailored to their needs.



Singapore's first Enabling Services Hub (ESH), set up in Tampines West Community Club, is designed to offer close-to-home community support for persons with disabilities and their caregivers.

Residents Have Benefitted





"Taking care of a loved one with disabilities can be very challenging, and it's easy to feel overwhelmed at times. I'm thankful for the support from ESH @ Tampines as I can take a break without worry, knowing that my daughter is in good hands."





On The Rooftop of Tampines Central Community Complex

Tampines SkyGarden for youths with special needs

This is a safe place where the youths can develop their social and coordination skills.

Meanwhile, their caregivers get a break so they can rest and recharge, knowing their loved ones are in a nurturing environment.



Caring For Our Seniors

In Tampines, our seniors' emotional, physical, and social needs are addressed to ensure they live with dignity and fulfillment.

Eldercare Facilities Near You



Senior Care Centres

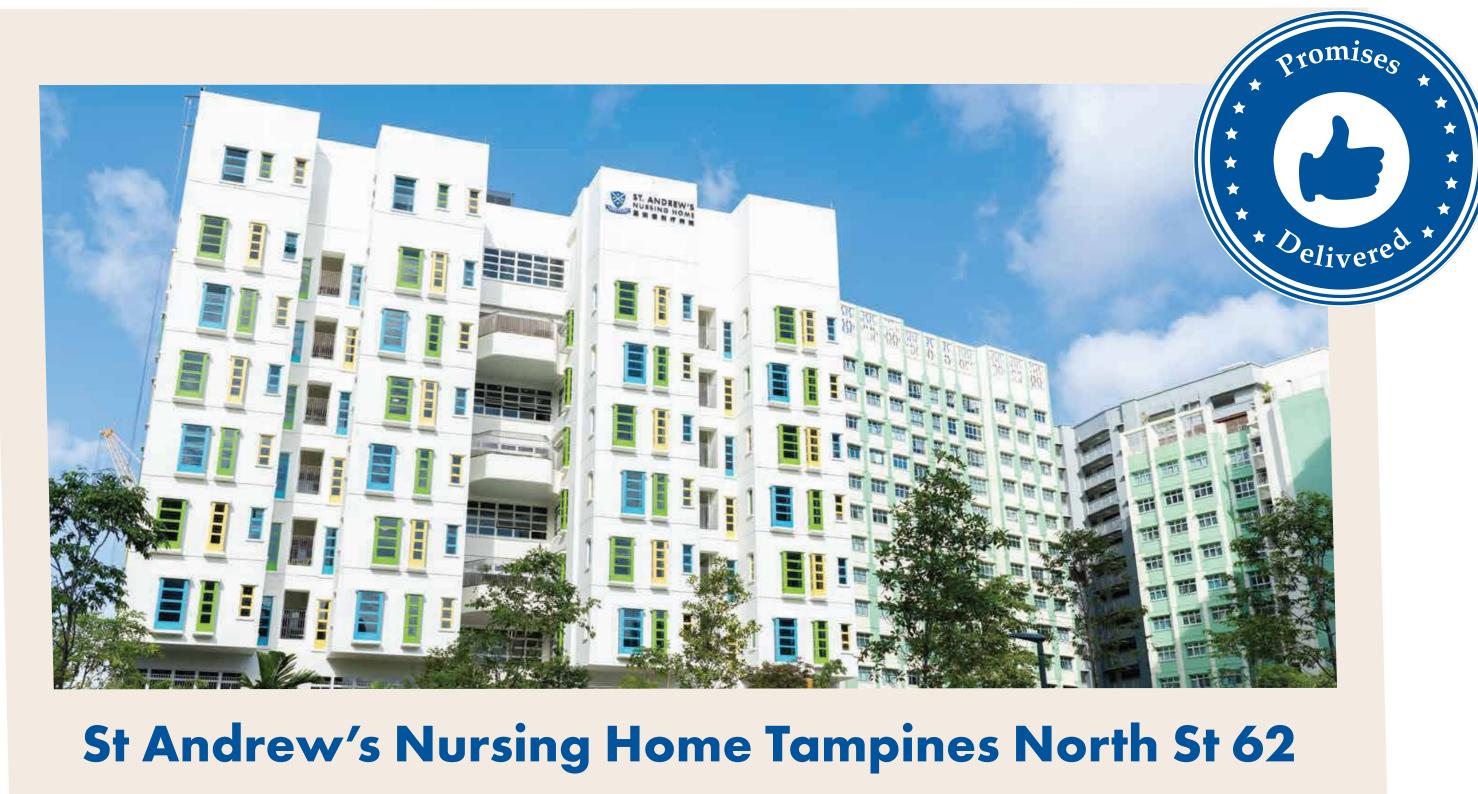
BLK 362 TAMPINES STREET 34

NEW HORIZON CENTRE (TAMPINES)

Tampines has 8 Senior Care Centres offering more than rehabilitation and custodial care - they also provide caregivers with peace-of-mind as they know their loved ones are in a safe environment, receiving the care they need.



ST ANDREW'S SENIOR CARE (TAMPINES CENTRE)
1 TAMPINES WALK



Caring For Our Seniors

Active Ageing Centres

There are 9 Active Ageing Centres where our seniors can join recreational activities and discover new ways to contribute to the community. Through shared experiences, the seniors forge friendships with one another, building a supportive community.



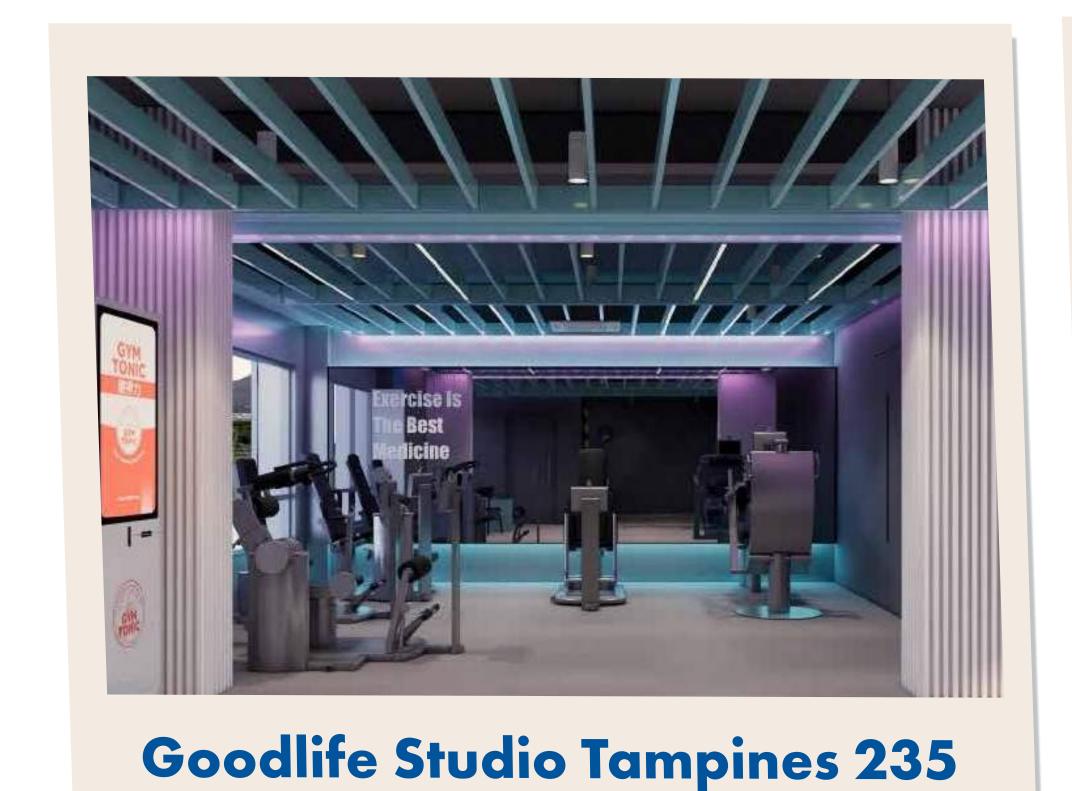
"Staying active and contributing to the community is important, especially for seniors like me. At the active ageing centre near my home, I take part in exercise classes and workshops, making new friends along the way. I am so happy to be part of such a vibrant, active community!"



FUTURE PROJECTS (2025 - 2030)

There will be more Active Ageing Centres in the coming years. We will continue to engage our residents to find out where else these centres will be needed.

- Goodlife Studio Tampines 142 (estimated to be completed by 1st quarter 2025)
- Goodlife Studio Tampines 235 (estimated to be completed by 1st quarter 2025)
- Goodlife Studio Tampines 251 (estimated to be completed by 1st quarter 2025)
- Blk 813 (name to be advised) (estimated to be completed by 1st quarter 2026)
- Blk 922 (name to be advised) (estimated to be completed by 1st quarter 2026)







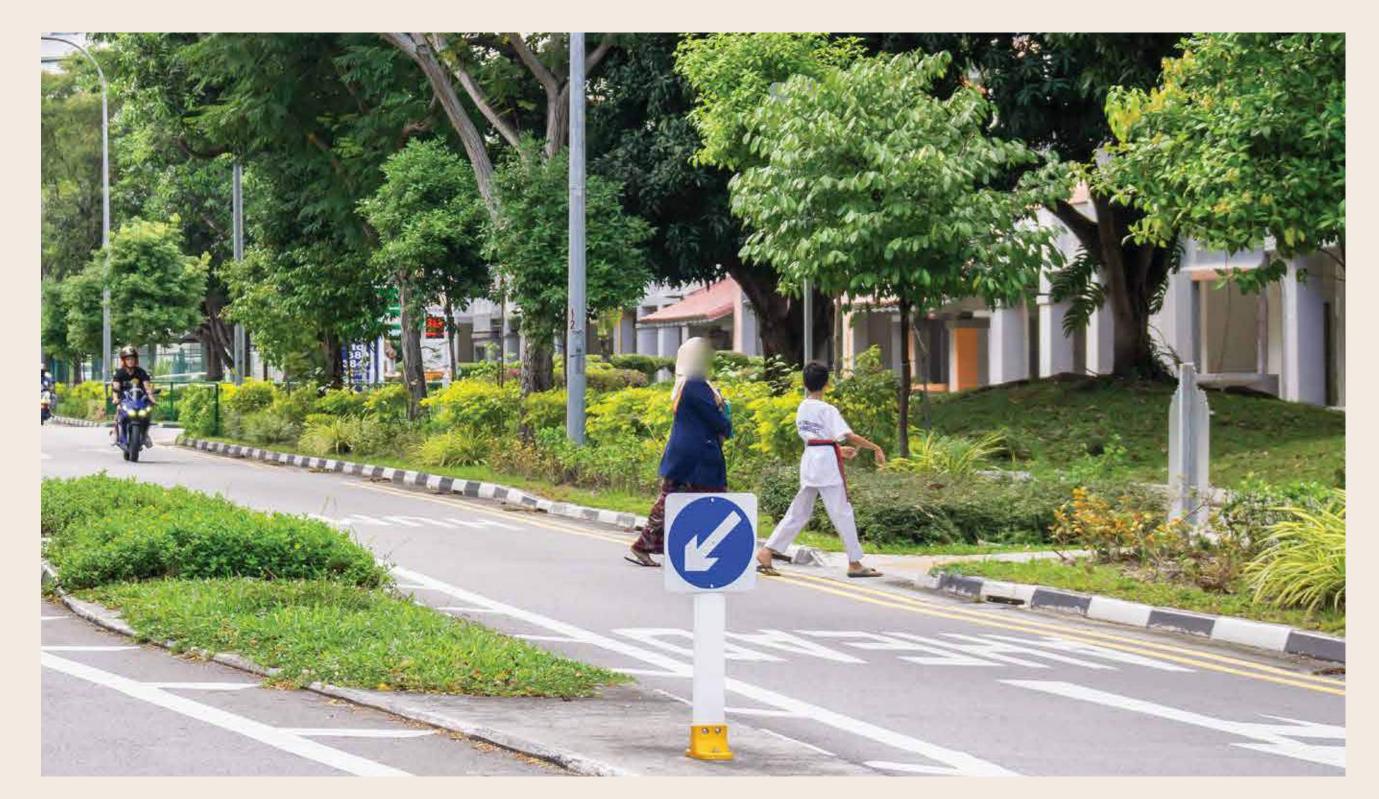
Safer Streets For All Pedestrians

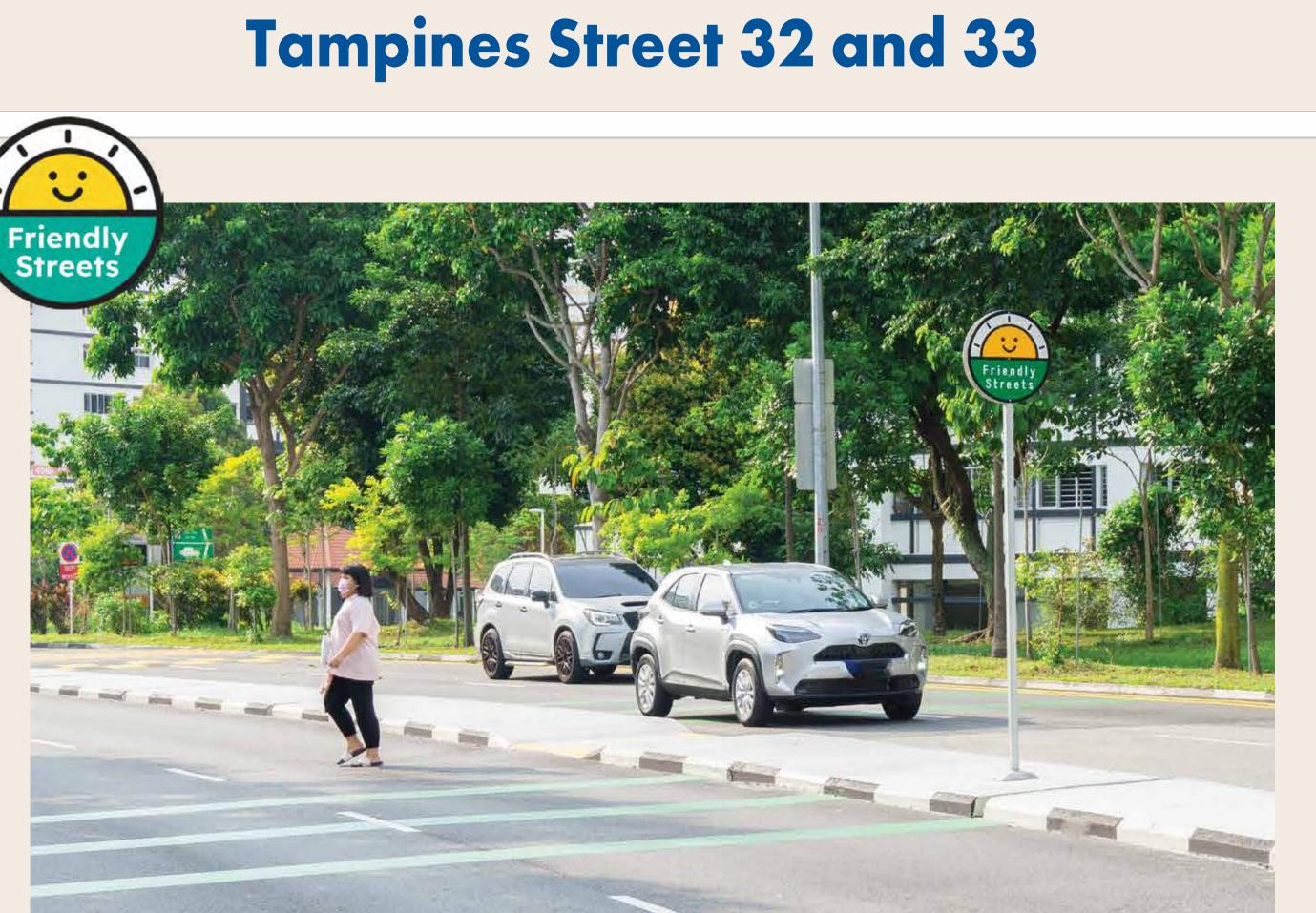
Silver Zones

Road Safety Enhanced For Seniors

In areas where there are many elderly residents, the roads have safety features like additional crossing points and lanes with reduced width to slow down traffic.

Tampines Street 11
Tampines Street 32 and 33
Tampines Street 42, 43 and 44
Tampines Street 81, 82 and 83





Tampines Avenue 9



Tampines Street 11



Tampines Street 81

Friendly Streets Project

Busy Streets With Safety Features

Many pedestrians, including seniors and parents with prams, cross Ave 9 to get to the Neighbourhood Centre.

To make the roads safer, there are longer green-man signals, lower speed limits and kerb-free crossings.

Tampines Ave 9 at N4 Neighbourhood Centre

"Every morning, my sister and I go to the Round Market and have breakfast. Previously, it wasn't easy getting there because of the heavy traffic. We noticed that safety features like a new crossing were added to slow down the traffic. We can now enjoy our special time together with ease."



Feeling safe on our streets



Making Medical Care More Accessible

Tampines North Polyclinic

The new polyclinic provides multi-disciplinary care under one roof for residents' convenience.

The polyclinic also provides telemedicine services so that seniors who are less mobile do not have to travel to receive basic medical care.



Near Blk 606B



"As young parents, juggling between parenting and work can feel like a marathon. We are thankful that bringing our son to the new Tampines North Polyclinic for his checkups is so stress-free. It is a 15-minute leisurely walk that's sheltered, passing by lush landscapes along the way. It feels like this was designed with us in mind."

Joe, Priscilla and baby Jacob

Young parents and their bundle of joy



A SHARED VISION For Our Future

Our shared vision for multi-generational play spaces of tomorrow is built on a series of engagement exercises to understand your ideas and aspirations for Tampines.

More than 1,200 of you shared your vision with us, and these are the things you wish to see in your future play spaces:



Designs that enhance your neighbourhood's identity



Features that nurture a child's problem-solving and creative skills



Amenities that promote wellness and relieve stress



Features that are senior-friendly and promote active ageing



Amenities that help you stay fit and healthy







Masagos Zulkifli

Koh Poh Koon

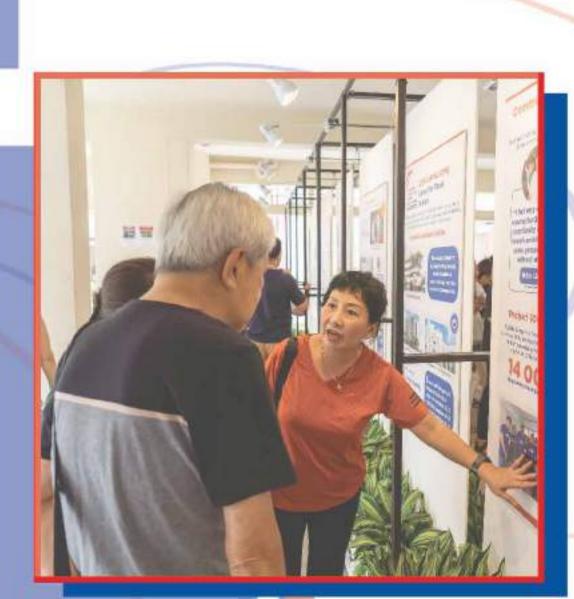












Tampines Central Park A Playpark for All Families



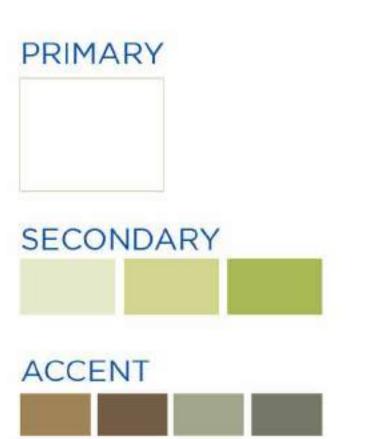
SHAPING OUR SHARED VISION

Building the Identity of Our Tampines Neighbourhoods



Colour Scheme Tampines Central is a blend of the old and the modern. It is home to Our Tampines Hub, the heart of the community, and the iconic fruit-themed playgrounds that were built in the 1980s.

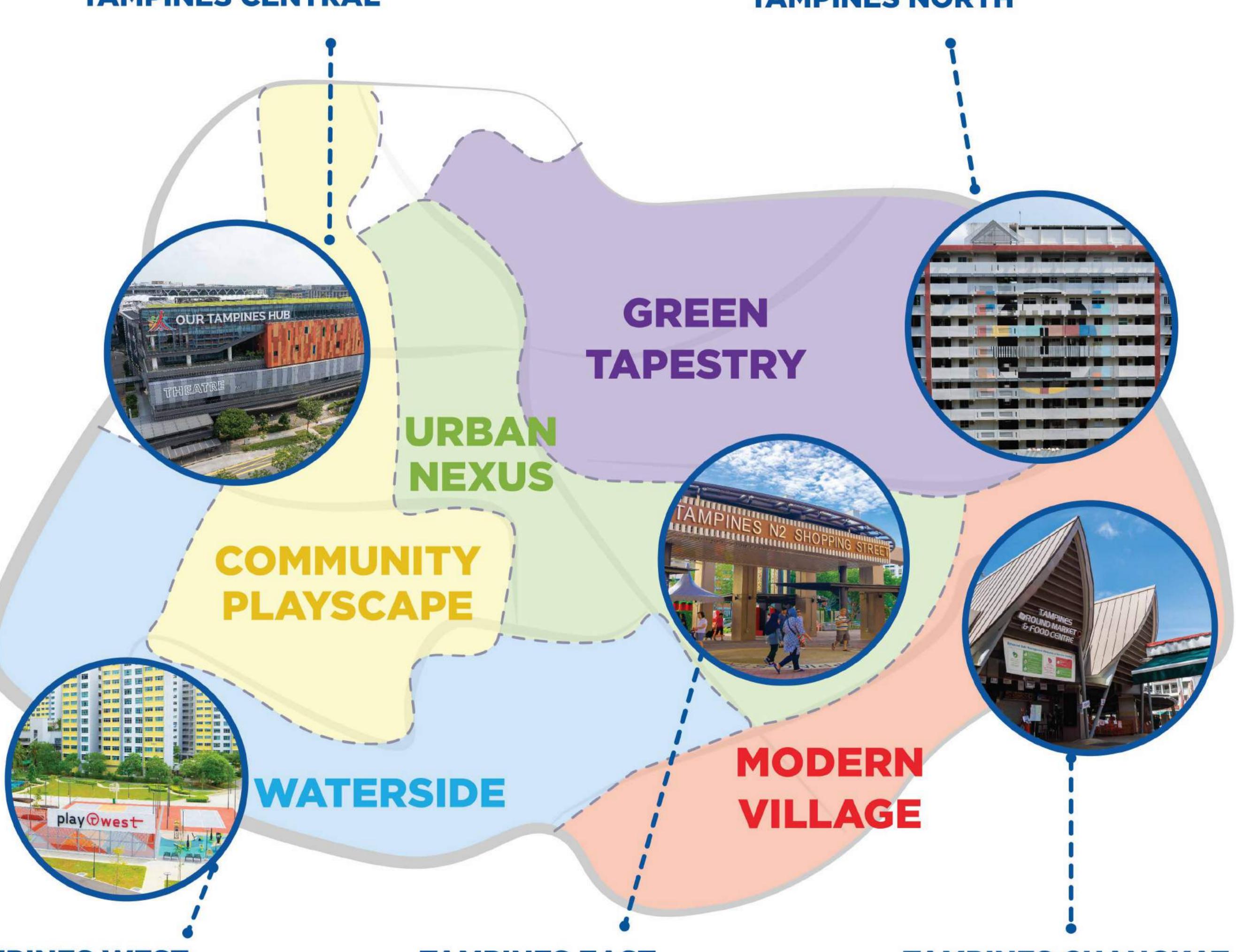
Colour Scheme



Tampines North is a 'green shoot' extension from Tampines Town, designed to blend nature with community living while staying connected to the Regional Centre.

TAMPINES CENTRAL

TAMPINES NORTH



TAMPINES WEST

Colour Scheme Tampines West



enjoys close proximity to Bedok Reservoir and Sungei Bedok, making it a great place for both city living and outdoor recreation.

TAMPINES EAST

Colour Scheme Tampines East, the



heart of the town, is home to the vibrant Tampines Regional Centre, offering retail, commercial, office, civic, and community services.

TAMPINES CHANGKAT

Colour Scheme



Tampines Changkat is home to the popular Round **Market. Some of its buildings** have designs with pitched roofs which give a feeling of nostalgia from the kampung days.

SHAPING OUR SHARED VISION

More Wellness Spaces Near Your Home

We will build more wellness spaces to improve every resident's mental, physical and social well-being. This way, you can easily integrate exercise into your daily routine, relax in a nearby therapeutic garden or share quality family time in a lush community space.

Tampines will be home to urban environments that encourage physical activity and offer green spaces for respite and community bonding.



SHAPING OUR SHARED VISION

More Wellness Spaces Near Your Home

Relax and unwind on your way home

Nature-inspired walkways help you feel calm and at peace after a busy day.

Easy access for everyone

Smooth, barrier-free paths ensure comfortable movement for families with strollers, wheelchair users, and all residents.







Take a break anytime

Cosy seating areas offer perfect spots to rest, relax, or chat with neighbours.

Be recharged in nature

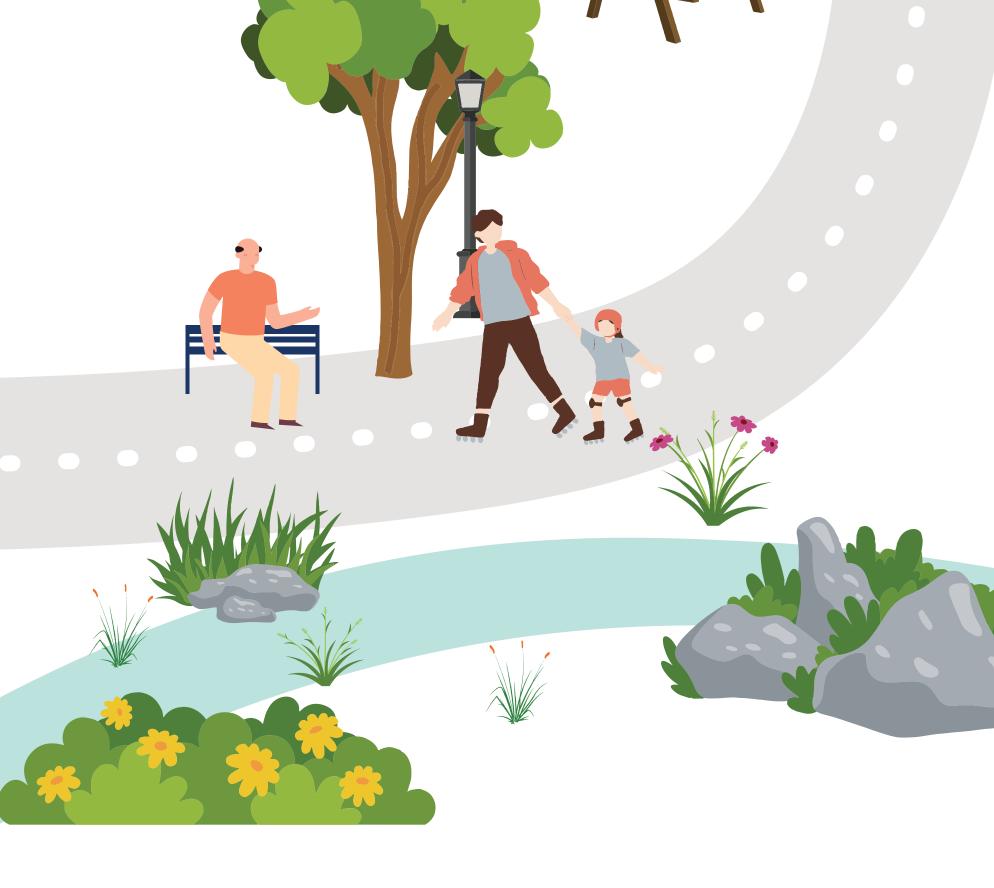
Sensory spaces filled with calming sights, sounds and scents create a refreshing escape close to home.







Sculptures and installations celebrate our neighbourhood's identity, making every visit meaningful and inspiring.



Gather and connect as a community

Open spaces to encourage more gatherings and light exercises, promoting a healthy and social lifestyle.









Upcycling MRT Seats For Resting

Repurposing old MRT seats not only saves costs but also provides seniors with more places to rest between errands.



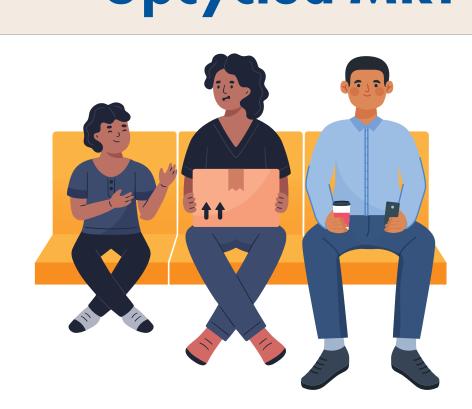
Upcycled MRT Seats at Blk 139

"My mother loves exploring Tampines, but long walks can be tiring for her. Thankfully, the thoughtful addition of benches at void decks and along linkways allows her to take a break and rest whenever needed. These caring touches show how much we care for our seniors."



Don and his mother, Mdm Wong

Love taking walks together



MRT seats will be upcycled into benches for our linkways and void decks by 2026.